

Boots On The Ground

Improving Veteran wellbeing,
one step at a time.





A social enterprise supporting vulnerable Veterans who have faced the despair of homelessness.

Established by Alabaré Homes for Veterans the project supports Veterans on their journey towards improved mental health, wellbeing and community connection by creating new pathways driven through active engagement.

Boots on the Ground supports Veterans who have faced extreme challenges since leaving service. The scheme aims towards building self-esteem, resilience and skills by providing increased purpose in a friendly supportive atmosphere.

By working with organisations and groups in the local community we focus on a range of activity-based and personal development workshops, that can be tailored towards small Veteran groups, across North & South Wales and South West England.

Activities currently include:

Wellbeing walks, social forestry, bushcraft, conservation, horticulture, litter picking hubs and Vet's Breakfast Clubs.

Alabaré's Homes for Veterans provides supported housing and additional support so they can overcome the crisis they have faced to build successful, independent lives once more.

"Having a purpose and being part of a team has helped me through some tough times. Planting 50 Oak trees and knowing those could be there for hundreds of years was awesome.

Keeping active, getting out and doing things has boosted me no end. I am looking forward to eating something from the garden after all the hard work."

Gavin, Service User

To take part or to find out more please contact:

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www.alabare.co.uk/theme/alabare-social-enterprises

Models may be used and names changed to protect clients.
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