

# Alabaré Dorset Home for Veterans

**Alabaré's Weymouth Home for Veterans is a supported housing programme for ex-Service personnel who are homeless and have a range of support needs. The project is funded by The Royal British Legion.**

## Mission

To provide supported accommodation to 9 veterans with low to medium support needs/risk level in a responsive and safe environment enabling them to make life changes and develop so that they are able to move on to successful independent living. The programme is run from two houses in Weymouth.

## Location

Both houses are within walking distance of the town centre. Leisure opportunities include a leisure centre and cinema, and training courses are available through the local Learn Direct Centre and College.

## Staff

The project is staffed 75 hours per week by 2 staff members, with staff on site between 9am and 5pm. Between 5pm and 9am there is a duty on call system. Alabaré has been an Investor in People since 2001.

## Aims

- To enable residents to have the skills and confidence to move on to sustainable independent accommodation.
- To enable residents to build constructive and positive relationships within the wider community.
- To encourage an awareness of personal responsibility around budgeting, safety and security.
- To enable residents to enjoy, identify and pursue their aspirations through training, education, employment and hobbies thus increasing their confidence and self worth.
- To increase awareness around physical and mental wellbeing and enable service users to access appropriate health and mental welfare services.

## Eligibility and referrals

Referrals are accepted from local prisons, local support agencies, other charities, The Royal British Legion, and self referrals. All residents must have served in the British Armed Forces. They must be homeless or be in insecure accommodation, have support needs and be willing to engage with the support on offer.

## Personal Support Plans

All residents are allocated a key worker and together agree a support plan based on a thorough assessment of their individual needs. Staff signpost residents to appropriate agencies, including counselling services, drug & alcohol agencies and support groups, CAB and NHS services. Resettlement support is also provided with Outreach Support available where individual need exists.

## Length of stay

Average stay is 6 to 8 months; max stay is 1 year.

## Facilities

The houses provide a total of 9 single bedrooms. Both houses have a residents' lounge, bathroom, dining room and kitchen for communal use. A TV and digital box with DVDs/videos are available for use by all service users in the lounge.

## Training

Budgeting skills, healthy eating, shopping skills, life skills for independent living and confidence building.

## Policies

- Licence agreement to be signed on acceptance.
- No alcohol or drugs allowed in the house.
- No smoking is allowed in the house. There are smoking areas outside.
- No pets are allowed.
- 24 hour residents access as all residents have their own key.
- Visitors are permitted until 10pm.
- No overnight guests are permitted.
- Complaints/Harassment/Appeal procedure for residents is in place.

## Funding and external reviews

This project is primarily funded by a Royal British Legion grant and payment of rent (usually covered by Housing Benefit).

## Equal opportunities and confidentiality

Alabaré believes in equal opportunities and will not discriminate against service users on any basis. All information about services users is regarded as confidential and safeguarded.

## For further information

Please contact Crissy Creasey, Team Leader on 01305 760122 or email [c.creasey@alabare.co.uk](mailto:c.creasey@alabare.co.uk)

The information in this document is intended as guidance only and is subject to change without prior notification. Please call 01722 322882 for current project details or if you would like this information in another format or language. Last updated Aug 2016.

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