



Alabaré Annual Review

2017-18





Andrew Lord
Chief Executive



John Proctor OBE
Chairman & Founder

Wow, what a year! All around Alabaré incredible people have been doing amazing things with their lives. There have been personal successes, and inevitable set-backs, but ultimately all around our charity, people have been creating brighter futures for themselves.

It is such a privilege in our roles, to be able to visit residents at our homes and services and hear their pride as they talk about the new lives they have and the plans they have for the future. Some of the stories of the people who have been supported by our teams are included in this review, but there are many more whose lives have been changed forever – thanks to you! Without your help, and that of our churches, local communities, businesses, and charitable trusts, none of this would be possible, so thank you from the bottom of our hearts.

In Wiltshire we are delighted to be working with Wiltshire Council again to provide services for homeless people and young people in the North and South of the county. We have secured these contracts for a further three years, and also expanded the number of people we can help at any one time.

In Wales we saw the opening of the Veterans flats in Clydach where we are working partnership with Pobl. Thanks to funding from Big Lottery Fund Wales, we are planning a new venture that will bring our Veterans even closer to their communities through a new social enterprise that we plan to launch in the coming year.

Looking forward we have developed a new 5 year plan which sets out the strategic direction of our charity. With increasing pressures on statutory budgets and contracts, we are also looking for new ways of reaching out to supporters through our charity shop events and fundraising challenges.

Finally, but most importantly, we would like to thank our incredible staff and volunteers who give so much to this charity – it is their passion and dedication that shines through every day, making sure that each person we serve has the very best opportunities possible.

Thank you for your continued support.

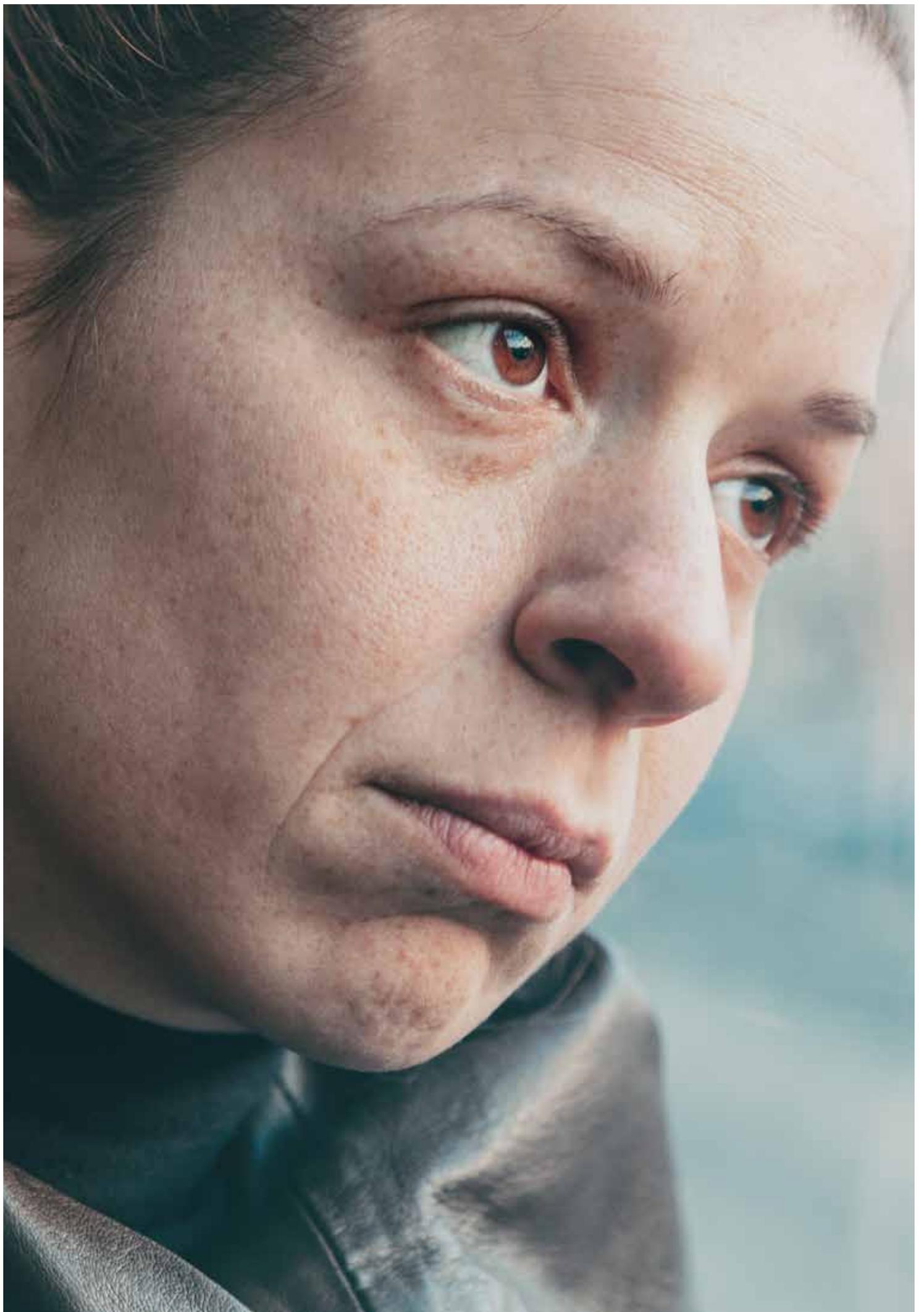
Care

Compassion

Generosity

Respect

Together we have been
transforming lives
since 1991



Providing support for homeless adults

2017/18 saw some of the worst weather for a decade, with temperatures plummeting below -10c in some parts of the South West. In Salisbury our Alabaré Place hostel was able to provide an extra 12 emergency beds as part of the local Severe Weather Emergency Procedure.

We had a fantastic response to our Christmas appeal, with our incredible supporters providing gifts of food, toiletries and clothes for our clients. Alongside your financial support, your messages of goodwill mean so much at what can be a very difficult time of year for those with no family. Thank you.

Over the course of the year we have been successful in the tendering of a number of contracts we hold with Wiltshire Council. This positive result has ensured that we are able to continue to provide a number of services across the county supporting both homeless people and also vulnerable young people. In South Wiltshire, we can now provide supported housing for 64 homeless people, as well as a further 21 in the North of the county.

In Bidford we have been making plans for our new Sylvester House, which will open later this year, and which will provide a home and support to 7 homeless and vulnerable people.

Nick & Katie's Story

With no family to seek help from, Nick and Katie were faced with the terrifying prospect of having to live on the streets when they were suddenly evicted by their landlord. Katie's mental health issues meant that sleeping rough was incredibly difficult for the pair but they were faced with little other choice given their circumstances.

Prior to coming to Alabaré Place, they had previously spent the remainder of what money they had on Bed and Breakfasts in order to shelter from the freezing conditions. They were completely unprepared for the bitterly cold weather with Katie wearing just a thin t-shirt and jeans when she arrived at our services.

"It has been a godsend coming here, we feel so safe. It was snowing and we had no money after spending the last of it on B&B's. We could've been in serious trouble, we could've died."



Due to severe weather we will be providing extra emergency accommodation at our Drop In Centre to those in need for the next 3 nights.

@AlabareUK



No **Veteran** should be forced to sleep on the streets

Alabaré's Homes for Veterans service is the largest provider of supported accommodation for homeless Veterans of working age outside of London. Every night we have over 120 beds across 27 homes dedicated to ex-service personnel who are homeless and vulnerable. Each home relies on donations from our wonderful supporters and military charities so that we can be there for our vulnerable Veterans.

2017/18 saw the launch of our Aged Veterans service. As well as offering supported housing, we can now provide specialist care and guidance to vulnerable Veterans who are over the age 65, including those who are currently living in their own homes. This new service has been made possible thanks to support from The Royal British Legion and financial support from The Aged Veterans Fund, funded by the Chancellor using LIBOR funds. Veterans like Brian are now able to receive the help and support that they needs.

In Gosport we opened our new Home for Veterans, Greenwich House. This new house provides a home and support to 8 Veterans who had previously either been living on the streets, or in temporary accommodation. The home has already received some fantastic support from the local community, with 46 brave fundraisers abseiling down the nearby Spinnaker Tower in March. The home has been made possible thanks to the generous support of Greenwich Hospital.

Brian's Story

Brian served in the Royal Marines for a total of 15 years. He saw service around the world including multiple tours of Northern Ireland and Cyprus.

After retiring from the Marines, Brian lived with his wife but their relationship began to deteriorate despite 40 years of marriage. It soon became apparent that he would have to leave the family home and with nowhere else to turn, he began living in his van.

Alabaré provided a roof over Brian's head. We were also able to help him address his financial issues and get support with his depression and general health.

"I am so lucky in the help I received. I cannot thank the staff at Alabaré's Home for Veterans enough."



Representatives from our Gloucestershire Homes for Veterans had the pleasure of attending the Queens 92nd Birthday Reception at Imjin Barracks last night.

@AlabareUK



A bright future for our young people

Our homes and services are able to help over 350 young people every year. We are able to provide accommodation and support to those aged 16-25 who are homeless, and also have specific services for young people who have left the Care system and also for Young Mum's and mum's to be.

Last year we were immensely grateful when the Community of St Denys stepped in to fund our Young Mum's project when it was threatened with closure. Our home supports young mothers through the often difficult first few months after childbirth, and helps them learn skills in budgeting, healthy eating and looking after their babies - skills to help them when they move on to independent living. David Prior from The Community of Denys says;

"The Community of St Denys is delighted to support the work of Alabaré and, in particular, their work in running the Mother and Baby House and hope to continue this support into the future."

This year has seen young people from a number of our services benefit from training via the Alabaré Academy, and have the opportunity to get back into education. Some, like Jacob, have done so well they are planning to go to University.

Jacob's Story

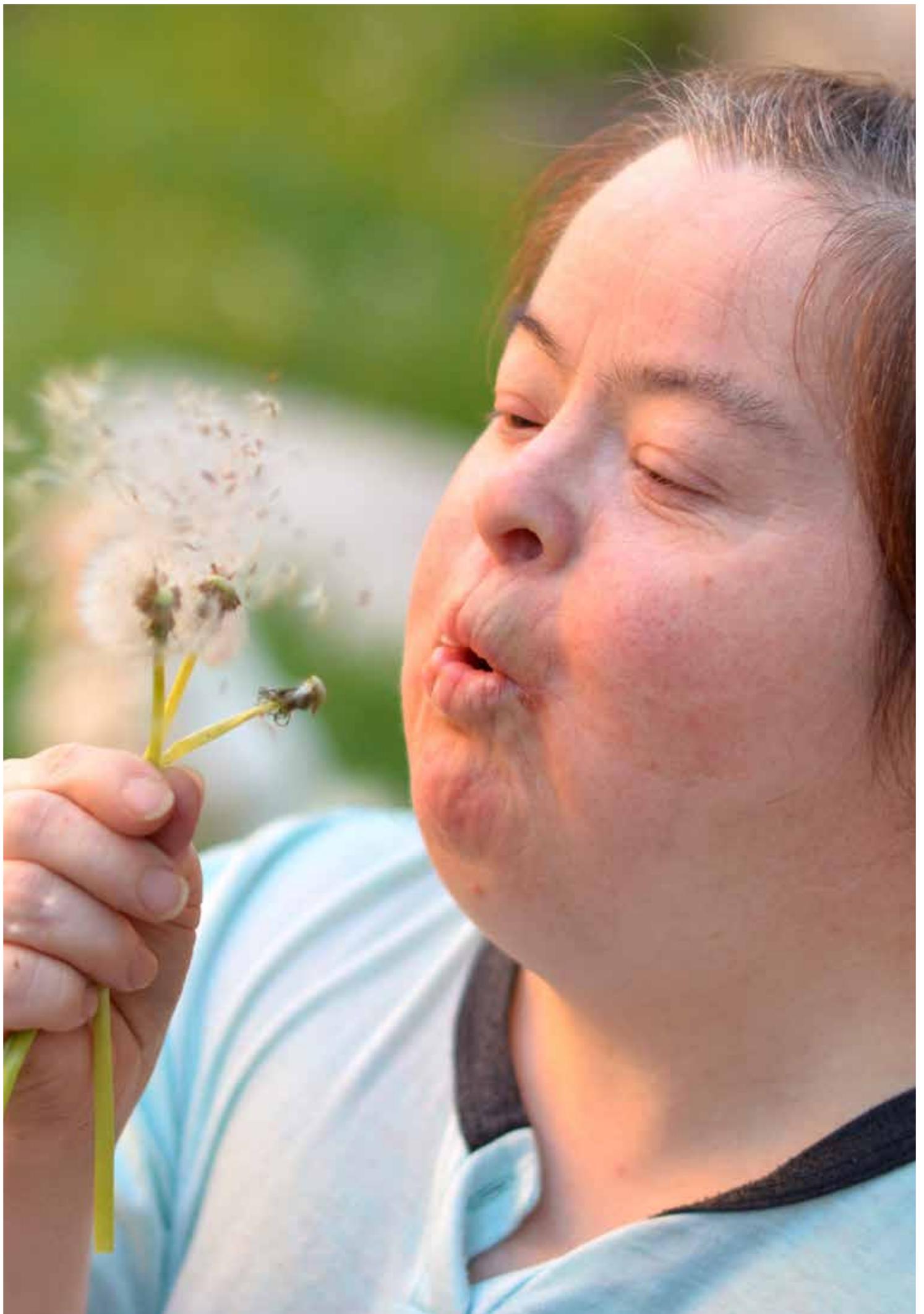
Jacob came to us from a difficult family background. His self-esteem was low and he struggled with confidence issues after a lack of support at home. Since coming to Alabaré, he has received the support and encouragement he needs to thrive. His outlook on life now is far more positive, and he was thrilled to achieve a distinction in his first year of college. Jacob is looking ahead to the next chapter of his life, where he is hoping to go on to university and study physiotherapy. As well as excelling his academic studies, Jacob has also learnt to play the keyboard and has improved his fitness by taking up running.

"Coming to Alabaré, I feel I have gained my independence through having more appropriate support, along with space and time to myself. I have had more freedom here and I feel better generally in myself. I am thankful for the support of everyone within Alabaré's young people's team."



We are excited to announce the birth of 3 new baby boys. They have now arrived safely back at our mums and babies project. Welcome to the world Leo, Ollie and Kaydon!

@AlabareUK



Enabling a fulfilling life for adults with Learning Disabilities

At Alabaré we believe that everyone should be able to live a fulfilling life, with choice and independence. Our learning disability support services provides supported living homes and also a variety of training and development opportunities.

Over the course of 2017/18, we have been able to provide care and support for 39 adults across our supported living homes. Across our two development centres this year we have been able to provide over 1,725 hours of training and vocational activities to adults with learning disabilities who are living with us, as well as other service users and vulnerable adults living in the community.

In November we were glad to be able to step in and help another service provider who had got into financial difficulty. We worked closely with clients, parents, staff and Wiltshire Council to ensure a smooth transition for clients over to our care. It is wonderful that the new clients and staff are now fully part of the Alabaré family and all are thriving. In total we are now supporting 40 people throughout our Home & Community service.

Our clients have visited some fantastic places this year and taken part in activities like sailing with Knoticat around Poole Harbour.

Caroline's Story

One of our clients who we have helped enjoy greater independence is Caroline. She first used our services at home before eventually moving in to one of our supported living schemes. Caroline has also been able to volunteer for Alabaré, working at one of our retail emporiums. As a result of her hard work she has recently been promoted to the role of shop secretary. She has taken on additional responsibilities at the shop including pricing items and logging them on to the computer system. Caroline also works on the Gift Aid recording, banking figures and expenses and she has been recognised for her excellent computer skills.

"I enjoy working in the Alabaré Salisbury shop with my friends and the manager. I have learnt lots on the computers like gift aiding and daily sales. Other tasks I do are tagging clothes and the window displays which I really enjoy doing."



The fun is underway at our spectacular open day at Old Sarum Garden Centre #dogshow #toffeeapples #facepainting Come and join us!!

@AlabareUK



Volunteering at Alabaré

2017/18 saw a total of 297 volunteers give up their time to help across our services. Between them they dedicated a total of 27,443 hours of work including at our homes, events and in our retail teams.

Linda (pictured) is a volunteer in our Salisbury Mother & Baby project.

"I worked as a midwife in Salisbury for 30 years and have recently retired. Supporting new parents has always been a passion of mine and I felt I had a lot to offer and knowledge to pass on. I admire the Christian ethos of Alabaré and as a Christian myself wanted to offer some time in care and support in an area I am knowledgeable."

"I am there for the mothers to offer support and advice around parenting and also to help them think about preparing to move on and have their own house/flat. I encourage them to interact with their babies."

"My most memorable moments so far have been making baby footprints with mums and making them into Christmas cards, showing new parents how to bath their baby and taking mums and babies swimming."

For more information about volunteering with Alabaré please go to alabare.co.uk/volunteer



Without our fantastic volunteers we couldn't do what we do. They are the backbone of our charity. We have lots of opportunities available, so why not come & join the team!

@AlabareUK



salisbury emporium

Charity Shops at Alabaré

Our shops and emporiums provide a vital part of our fundraising activities. We stock a wide array of items including; new and upcycled furniture, clothing, collectables, electricals, art, books and films.

2017/18 has seen our Wilton Emporium celebrate its first year of trading, marking a fantastic first 12 months with a number of different fundraising events. We held our annual car show which saw a fantastic range of vintage vehicles, alongside an auto-jumble sale. We also held a plant sale to mark the start of the summer months where volunteers kindly grew plants in order for us to sale.

More recently we have launched our new pop-up bike shop in Salisbury city centre. Having kindly received a large number of donated bikes, we have been able to set up this venture dedicated to selling bicycles and other fitness related items.

We are extremely grateful to all our volunteers who work in our charity shops, along with everyone who donates goods to us or shops in our shops. You are all helping to transform the lives of vulnerable people in our communities - thank you so much.

For more information go to alabare.co.uk/shops



We have a whole host of incredible stock down at our Wilton Emporium. New items are being delivered almost daily so it's well worth a regular visit!

@AlabareUK

Becky is Alabaré's Chaplain at our Mother & Baby home



Chaplaincy at Alabaré

Our Chaplains gathered on three occasions over 2017/18 in order to detail the spiritual and pastoral care that is on offer to all staff and residents.

The Spirituality Working Group have been meeting to design resources which will help clients locate local places of worship as part of a wider initiative developing and nurturing relationships between services and churches. The group have also looked to create an online learning resource to share existing good practice across Alabaré in nurturing spirituality, as well as the production of a spirituality handbook to support colleagues.

Our Chaplaincy team has also been able to benefit from the resources of other faith groups including the West London Mission. Ruth Bottoms, Chaplain at WLM visited our Riverside House to explain the WLM Thinking Things Through model and how this could be applied for the subject of compassion.

Keith Thomasson, Senior Chaplain for Alabaré said, *"Thinking from colleagues in other groups is so valuable to us at Alabaré - it is wonderful to meet, discuss our approaches and share our faith."*

For more information about Chaplaincy at Alabaré please go to alabare.co.uk



Our Senior Chaplain Keith Thomasson was featured in the @DorsetEcho alongside other member of the @DioSalisbury, after launching a booklet with daily readings and prayers for Lent.

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Glow In The Park: Longleat welcomed over 4,500 participants



Fundraising at Alabaré

An incredible 4,500 people got their Glow On with us this year at Longleat. In April we took the Glow Run to the Bath & West Showground for the first time, complete with the first ever “foam after-party”!

In February we held the BIG Sleep at Salisbury Cathedral. This year's event saw more people than ever take part with over 200 participants involved, including 10 dogs for the first time!

Once again our supporters have been amazing this year, pulling out all the stops. Thank you to all those who gave to our appeals - each pound makes a huge difference. And your messages of support are so valuable, telling our clients that you care and are thinking of them.

We have also seen individual endeavours; from athletic fundraisers like 10K runner Donna; community support from groups like Homelessness Pembroke and Gloucester Rotary; corporate support from Nationwide; and charity support from Dentaaid and lots of others. A large number of local schools have got involved as well - thank you all so much.

For more information about our fundraising events please go to alabare.co.uk



On Friday 2nd February we invite fundraisers to brave the night & sleep out @SalisburyCathedral. For the first time ever, well-behaved dogs are also invited along to join the fun!

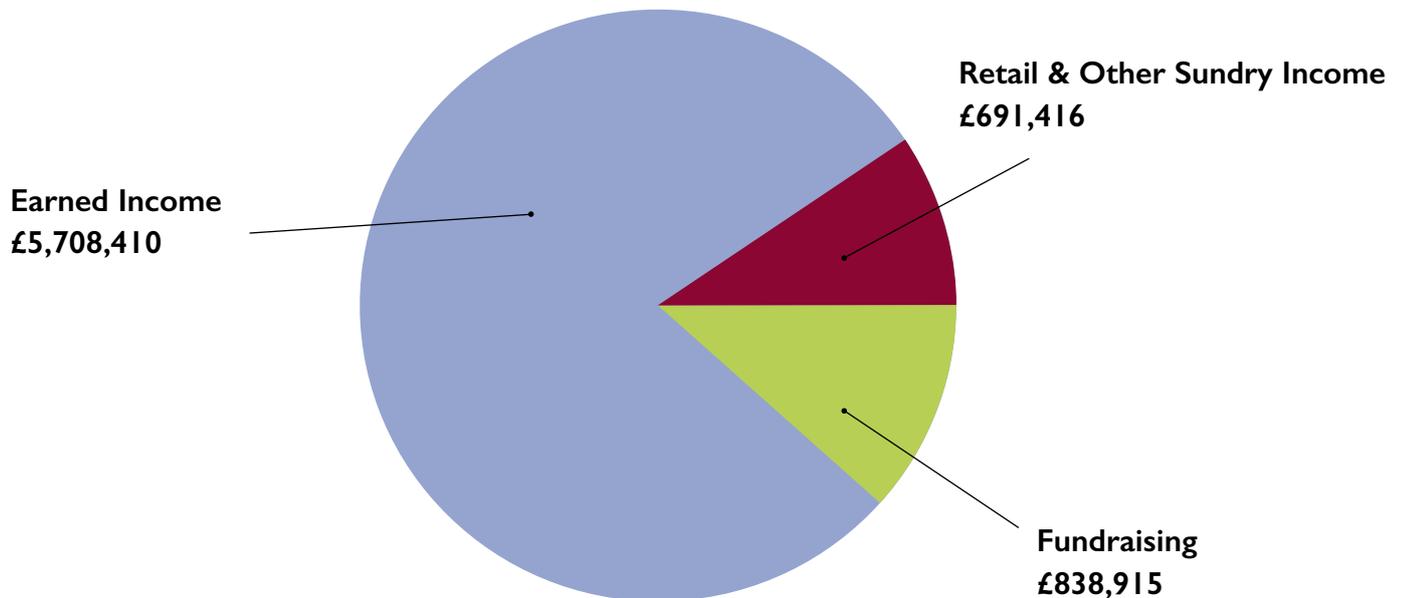
@AlabareUK

Together we changed
the lives of
over 1700 people
in 2017/18

Our Accounts

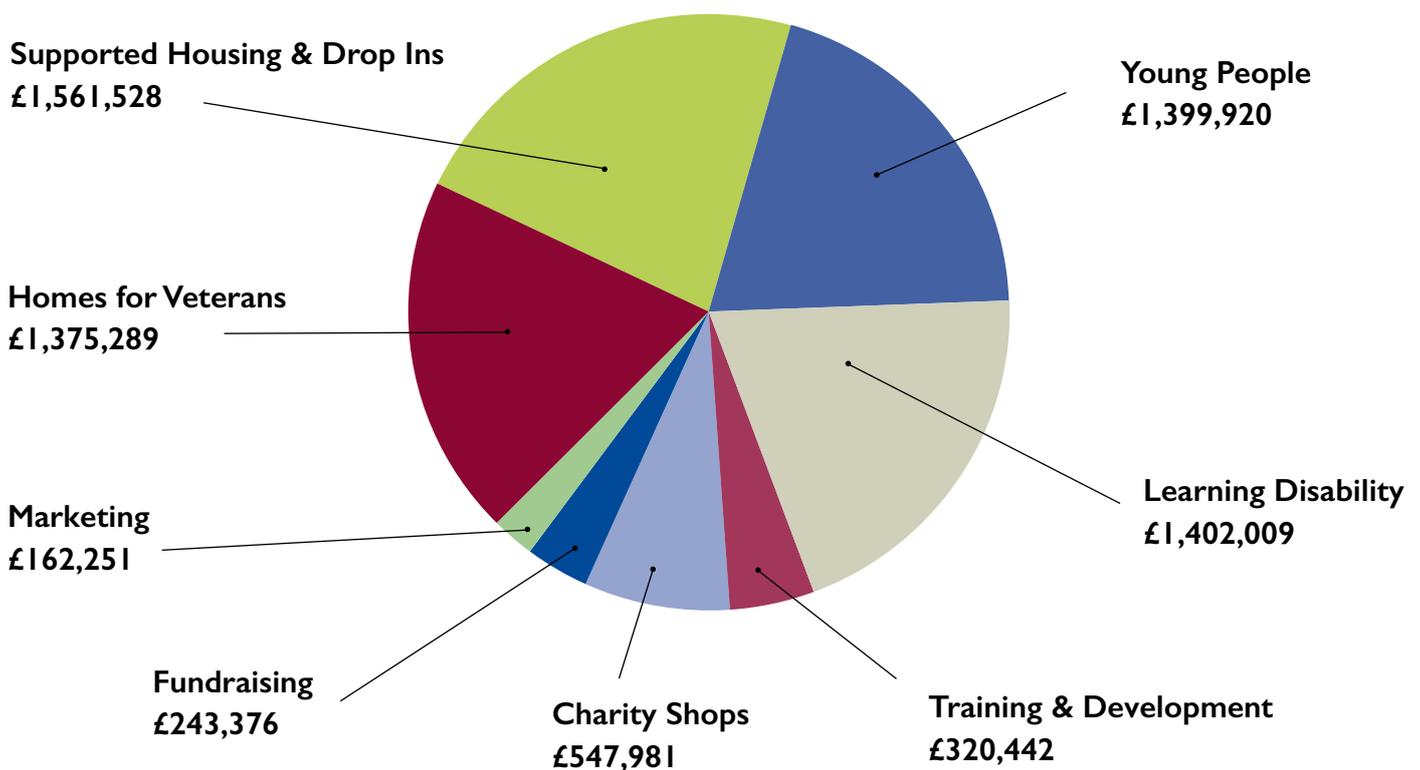
Incoming Resources

In the year ended 31st March 2018, our **total income of £7,238,741** came from the following sources:



Resources Expended

In the year ended 31st March 2018 **we spent £7,012,796** in the following ways:



We'd like to say **thank you**

...to all the individuals and organisations who have supported us this year including those we do not have space to list.

FUNDERS & PARTNERS	
ABF – The Soldiers' Charity	Lloyds Bank
Aged Veterans Fund, funded by the Chancellor using LIBOR funds	Longleat Enterprises Limited
Allied Rapid Reaction Corps	Lt Col Paul Maynard MA BSc RM CO of 40 Commando RM
Armed Forces Covenant	Nationwide Salisbury
Aspire Defence Limited	Our Wilton
Big Lottery Fund	Royal Artillery, Larkhill
Chalke Valley Churches	Royal Navy Engineers Quart Club
Community of St. Denys	Royal Navy & Royal Marines Charity
Dentaid	SSAFA
English Heritage	Sitel
European Social Fund	Sodexo
Forces Mutual	Stonehenge Visitor Centre
Geldard's Solicitors	The Learning Curve
Greenwich Hospital	The Not Forgotten Association
Gloucester Rotary Club	The Royal British Legion
Hampshire & Isle of Wight Community Foundation	Veterans' Gateway
High Sheriff of Wiltshire 2017/18 Lady Marland	VOTWO
HM Naval Base Devonport	Walking with the Wounded
Homeless Pembrokeshire	West London Mission
Kings Chapel, Gibraltar	Wiltshire Council

TRUSTEES	
Reverend John Proctor OBE	Air Vice Marshal Martin Clark MBA BSc (Eng) CEng FIET FRAeS RAF
Mr Don Alexander	Reverend Canon David Durston
Mr Malcolm Cassells	Mr Richard Holman
Mr David Lawes	Mr Phil Ruark – Davis
Mrs Alicia Proctor	Mr John Hunter
Mrs Christine Robinson	

PATRONS

Right Reverend Declan Lang, Bishop of Clifton	Lord Tom King of Bridgewater PC CH
Right Reverend Stephen Conway, Bishop of Ely	General The Lord Richard Dannatt GCB CBE MC DL
Right Reverend Nicholas Holtam, Bishop of Salisbury	Brigadier Simon Firth CBE

AMBASSADORS

Bristol	Dr Timothy Chambers OBE JP FRCP	Colonel Andy Flint OBE TD DL
	Lady Fiona Wall	Mr Andrew Street
Dorset	Colonel Oliver Chamberlain QVRMTD DL	
Gloucestershire	Colonel Ian Harris (Ret'd)	Dame Janet Trotter DBE, Lord Lt of Gloucestershire
	Lieutenant Colonel Nick Thomas	Mr Chris Ryland
	Mrs Jane Jennings	Mr Tony Raybone
	Mrs Amanda Raybone	Mr Robert Bernays, Vice Lord Lt of Gloucestershire
	Major Charles Malet (Ret'd)	Cllr Neil Hampson
	Lieutenant Colonel Andrew Tabor	
Hampshire & IoW	Major General Martin White CB, CBE, JP Lord Lt of the Isle of Wight	Colonel Charles Ackroyd TD RD DL
	Brigadier David Harrison JP, DL	Captain Mike Matthews RN
	Mrs Joan Ferrer JP, DL	
Plymouth	Commander Chris Thorpe BSc MIET RN	Brigadier Christopher Lunn
	Brigadier Simon Young MBE, OBE, CBE	Commander Charles W Crichton OBE RN
	Rev Rodney Baxendale RN (Ret'd)	
Wales	Mr Huw Williams	
Wiltshire	Commodore Richard Lord CBE MSc	Lady Ruth Hawley DL
	Mrs Sara Jones CBE JP DL	The Vulnerable Stephen Robbins CB
	Commodore Jamie Miller CBE Royal Navy	Sir Francis Richards
	Mrs Elizabeth Webbe	Mrs Gabriel Edwards
	Mr Mark Allen	Mrs Teresa Barsby
	Mr Alan Taylor	Mrs Jennifer Larsson



Thank you

Alabaré Christian Care Centres is a company limited by guarantee trading as Alabaré Christian Care & Support. Photographs are not necessarily of clients referred to in this publication and names may have been changed to respect the confidentiality of our clients. Models have been used.

Riverside House, 2 Watt Road, Salisbury, SP2 7UD

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