

# Supported Living, Salisbury

## Our Mission

To deliver person centred support and accommodation to adults with learning disabilities and/or mental health issues, enabling inclusion, independence, choice and respect.

## Location

Accommodation is currently provided in 11 homes in Salisbury. All the properties are central or within easy reach of bus routes and facilities. Leisure opportunities locally include a leisure centre, a cinema and a wide range of groups, activities, volunteering or work. Wherever we set up a home we are careful to ensure that the location enables people to be as independent as possible.

## Facilities

The homes are fully furnished and equipped, and each individual has their own room, they share the rest of the house with others, typically our homes accommodate 3/4 individuals. Individuals decide on the rules for their house and are involved in choosing their staff and also who lives with them as much as possible.

## Staff

Trained Staff deliver the support within each home and it is based on individual support needs. Some homes have sleep-in staff.

## Aims

- To enable individuals to develop their daily living domestic and practical skills, supporting clients to remain safe, secure and more independent.
- To enable individuals to build their confidence within the wider community and have the ability to access other agencies and health care.
- To encourage an increased awareness of personal responsibility around safety and security.
- To enable individuals to enjoy, identify and pursue their aspirations through training, education, employment and hobbies thus increasing their confidence and self worth.

## Eligibility and referrals

Adults from 18+ with a learning disability and/or mental health issues. Self referrals or those via social services.

## Person Centred Support Plans

All individuals are allocated a key worker and a Support Co-ordinator and together agree support plan goals based on a thorough person-centred

assessment of their individual needs. All support needs are met through personalised support which can be one to one or shared depending on needs identified and the funding arrangements. Staff also provide emotional support and help signpost and refer to other services and agencies where necessary.

## Training and personal development

Support with shopping, budgeting, cooking and hygiene is available and residents take part in day activities or voluntary/paid employment. In-house training is available and residents are offered the opportunity to work towards NOCN awards. Individuals have the opportunity to take part in many activities organised through Alabaré, including days out, social evenings and weekly groups and activities.

## Tenancies and Support

All individuals are issued with a tenancy agreement which is separate to the support they receive, the support is not tied to the accommodation and so the person can move to another home and/or to another support provider if they wish to.

## Funding

Support can be paid for using personal budgets, other direct payment or from local authority funding or with private funds, each person will undergo a LA financial assessment to determine the level of contribution towards their support that they need to make. Accommodation is paid for using housing benefit if eligible and a personal contribution towards service charges or with private funds if ineligible for benefit.

## Equal opportunities and confidentiality

Alabaré believes in equal opportunities and will not discriminate against service users on any basis. All information about services users is regarded as confidential and safeguarded.

## For further information

Please contact the Supported Living Manager on 07990 513225 or email [r.telford@alabare.co.uk](mailto:r.telford@alabare.co.uk)

The information in this document is intended as guidance only and is subject to change without prior notification. Please call 01722 322882 for current project details or if you would like this information in another format or language. Last updated Aug 2016.

ENABLING A FULFILLING LIFE

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