

Alabaré Home & Community

Alabaré Home & Community is a care and support service for adults with mild to moderate learning disabilities and/or mental health issues who live in their own accommodation. The service is registered with the Care Quality Commission.

Our Mission

To support Service users to ensure that they remain safe, secure and as independent as possible in their homes. Supporting each to have responsibility and control of their own lives. Encouraging individuals to do as much as possible for themselves in order to develop and maintain their independence.

Location

Alabaré Home & Community is based in Salisbury but operates within Wiltshire.

Staff

Trained staff can provide support to people 24 hours per day or for any amount of hours per day or night, depending on identified needs. Alabaré has been an Investor in People since 2001.

Service offered:

Practical social care:

- Making and changing beds
- Emptying commodes
- Shopping with or for individuals
- Assistance in menu planning and budgeting
- Support and assistance to pay bills and manage money
- Assistance with laundry
- Support with preparing meals
- Assistance with managing accommodation
- Light domestic tasks—such as washing dishes, dusting, cleaning of toilets and bathrooms etc.
- Administering or prompting with medication

Other social care:

- Support to attend health appointments
- Support to attend and participate in activities which increase well-being.
- Support to reduce social isolation and develop social networks

Personal care:

- Assisting service users to get up
- Assisting service users to go to bed
- Dressing and undressing
- Personal hygiene—toileting, washing, bathing, shaving, hair care and oral hygiene.

Eligibility and referrals

Adults from 18+ with a learning disability and/or a mental health issue. We welcome Self referrals or referrals from social services.

Personal Support Plans

All service users are allocated a support worker and together agree a support plan based on a thorough assessment of their individual needs. Service users receive one to one support. Service users continue with support for as long as the service continues to meet their individual needs, there is no time limit with this service, or until Alabaré are no longer able to meet the service users needs. Support staff will work with outside professionals and family to ensure correct appropriate support is delivered. Plans are reviewed regularly with the persons circle of support.

Facilities

The office is based Riverside House on Churchfields Est, Salisbury, and service users are welcome to visit anytime if they need to, we also offer some training and groups at Riverside House, which service users can access at additional cost.

Social activities

Service users are invited and encouraged to join the supported living houses residents in Salisbury and Amesbury in social activities. Examples of activities include weekly football/basketball sessions, trips out to theme parks, Christmas parties, social groups, gardening at the allotments.

Paying for the Service and Reviews

This service is paid for through personal budgets, other form of direct payment, local authority funding or from private funds. We will do all the liaison with Social Care regard to financial assessments and the funding of care packages.

Equal opportunities and confidentiality

Alabaré believes in equal opportunities and will not discriminate against service users on any basis. All information about services users is regarded as confidential and safeguarded.

For further information

Please contact Gina Vickers, Home & Community Service Manager on 07825220816 or email g.vickers@alabare.co.uk

The information in this document is intended as guidance only and is subject to change without prior notification. Please call 01722 322882 for current project details or if you would like this information in another format or language. Last updated Feb 2014.

ENABLING A FULFILLING LIFE

Alabaré Christian Care & Support
Riverside House, 2 Watt Road, Salisbury SP2 7UD Tel. 01722 322882
enquiries@alabare.co.uk www.alabare.co.uk

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