

# Annual Review 2005

Alabaré Christian Care Centres believes in a community where everyone is given opportunities to realise their potential and be valued members of society.

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## PATRONS

The Right Reverend David Stancliffe, Bishop of Salisbury  
The Right Reverend Declan Lang, Bishop of Clifton  
Miranda, The Countess of Pembroke



Investor in People

## TRUSTEES at the end of 2005

Reverend John Proctor (Chairman)  
Reverend Canon David Durston (Vice Chairman)  
Mr Robert Newman  
Mrs Karen Buckingham  
Mrs Lee Proctor  
Lt Col Tim Robertson  
Mrs Val Jeal  
Mr Jeff Peacock  
Mrs Di Harris  
Mr Adam Mills

Mrs Elizabeth Webbe (Company Secretary and Trustee from Jan 06)  
Mr Richard Britton (Salisbury District Council Observer)

## SENIOR MANAGEMENT TEAM

Mr Andrew Lord (Chief Executive)  
Mrs Rachel Wetton (Service Development Manager)  
Mr Stewart Mustard (Service Development Manager)  
Mrs Janet Herring (Operations Manager)  
Mr Rawle Beckles (Head of Fundraising)



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Photo disclaimer:

Photos are not necessarily of clients referred to in this publication.  
Names have been changed to respect client confidentiality.



I am pleased to report that 2005 was another successful year for our charity, staff and service users. This annual review contains many highlights, including both individual, project successes and achievements for the **Alabaré** team as a whole.

In visiting our projects, especially at our summer open days, I am always inspired by the successes of our service users. Many have faced a lifetime of challenges but by working together with our staff and volunteers they have been able to stabilise their lives and develop new skills. One resident, for example, had put behind him 20 years of crime and drug addiction and was now looking forward to moving into his own home.

Our commitment to the delivery of quality services was recognised in 2005 with several of our projects achieving success in their fields. The **Test Valley Foyer** achieved accreditation by the Foyer Federation at its first attempt in March. In July we achieved accreditation with North Somerset Council following our continued ability to meet Supporting People standards.

We value these awards as they underline our confidence in the ability of our staff and projects to meet the needs of service users, and are also evidence of robust management and financial procedures.

**Alabaré** continues to move forward in the range and type of services it delivers. During 2005 we were able to develop several

new services, including **debt counselling on behalf of Wiltshire and Swindon Probation Service** and provide same day access to seven bed-spaces at **Damascus House** for vulnerable homeless people.

Looking to the future, we are working with three partner agencies, Westlea Housing Association, Splits Support Service and Drugs and Homeless Initiative in the **Community 4 Consortium** to develop new services across Wiltshire. By working together we can combine our respective skills to meet the needs of vulnerable people.

I would like to thank all our supporters, funders and partnership agencies for their support throughout 2005, and our staff and volunteers for their continued commitment and dedication.

Andrew Lord (Chief Executive)



## Our key values are:



- Personal integrity
- Respect for all
- Empowering people
- Working together in partnership
- Professional competence
- Equal opportunities

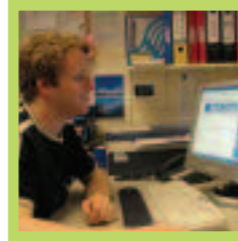
**Founded on Christian principles, we welcome people of all faiths and none.**



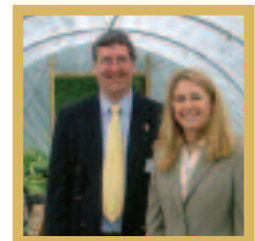
# Active involvement...

## Listening and inclusion

At the end of 2005, Alabaré employed 175 staff and benefited from a dedicated volunteer team of 110. We used service user and staff forums, care and support committees and service review days to encourage everyone to share their suggestions and opinions on the way we work. A new intranet system was developed and implemented giving staff based all across our charity the opportunity to join in discussions on charity issues, and influence new procedures and policies.



Our commitment to training remained as strong as ever in 2005. Staff completed various formal qualifications including NVQs in Care, Learning and Development, and Management, as well as short courses in subjects such as Health and Safety, Food Hygiene and First Aid.



## Working skills for life

Engagement in skills training can be one of the key factors in allowing our service users to move forward in their lives in a positive way. It can increase confidence and self-worth, and provide qualifications to help find employment.

Staff, volunteers and services users at **Barford Countryside Unit (BCU)** received high praise for all their hard work and excellent working practice in

2005 during their first review by the **National Proficiency Test Council (NPTC)**. Courses are running in woodwork, pottery, horticulture, IT, cookery and recycling.

In 2005 a new horticulture area was developed. An area of ground previously overgrown was cultivated by our team, and with the help of donations from local companies and charitable funders, we were able to build poly-tunnels and raised beds. Everyone enjoyed the first crop of vegetables later in the year. The team plan to grow even more in 2006 and sell their crops to the local community.

# A winning approach

Moving forward is not just a goal for our service users at Alabaré, it's an objective for our charity as a whole. In 2005 our teams tendered for contracts to continue providing our existing services, and also new ones that we could bring experience and innovation to.



We are delighted to have won a new contract to provide **supported employment** services to people with learning disabilities in Winchester and the Test Valley. The tendering process started in July 2005, and then followed a timetable of submitting the details of our application. In early November our team received the news that we had been invited to interview. Plans for our presentation included an ambitious video illustrating the journey into independent employment made by one of our service users. The interview day saw our team presenting to three groups made up of service users, carers and Hampshire County Council staff.

Our project team and everyone at Alabaré were delighted to receive the confirmation that our tender



had been successful. The new service is due to be operational by 1st April 2006 and aims to enable people with a learning difficulty to obtain and sustain employment in ordinary work settings.

In late 2005 our team at **Andrew House** in Clevedon were preparing to open a new floating support service. Called "Together", the team provide help and advice to ex-residents and members of the local community who have histories of drug and/or alcohol addiction. The team are able to assist individuals maintain their tenancies, offer support to deal with the issues of their past addictions, help alleviate feelings of isolation and support them to live independently.

On behalf of the Probation Service we are now running a new **debt advice service** in Wiltshire and Swindon for offenders and those going through the judicial process. By helping service users to manage their financial affairs, we aim to reduce re-offending rates in the county. Swindon is a new area of development for us, and we are delighted to be able to offer this service to people here.

**“ Foyer accreditation in March 2005 by the Foyer Federation, and accreditation by North Somerset Supporting People demonstrate the importance of our work, and financially, our ability to deliver services that offer good value for money. ”**

Andrew Lord, CEO

# The Alabaré Way....

## Answering immediate needs

One of the most significant developments in our services in 2005 saw us working with Salisbury District Council to make 7 bed-spaces available at our **Damascus House** on a same day access basis. This result means there is now provision in Salisbury for street homeless adults to secure emergency accommodation. So far the service is only guaranteed until March 2006 but we are working to make this a permanent facility for the future.

With three **Drop In Centres** (in Devizes, Salisbury and Trowbridge), Alabaré is the largest provider of this kind of facility in the county. 2005 was not an easy year for our Centres, with funding concerns we were forced to launch an urgent appeal to keep them open. We are extremely grateful to all our supporters who helped us raise over £84,000 and enabled us to keep supporting over 100 service users a month.



## Providing opportunities

2005 saw us continue our commitment to providing access to training for service users. As well as NPTC and basic skills training courses provided at our **Barford Countryside Unit**, education and access to information remains a key focus for our services across the charity.

Part of the accredited **Test Valley Foyer, The Junction** centre has built on a solid first year of operation to offer new opportunities to young people and community groups in Andover and the wider region in 2005. Our team runs an informal drop in style service five days a week, welcoming young people to use the state-of-the-art internet café, and offering access to information and advice on issues such as job search, health and relationships. 2005 has seen more agencies running groups from the centre, including Andover Mind, Dale Trust, Daybreak, Cricklade College, the Youth Offending Team and CAB. Our team launched a new website to advertise the facilities and services offered at the centre – [www.hants.gov.uk/testvalleyfoyer](http://www.hants.gov.uk/testvalleyfoyer).

Residents at our **Young People's projects** in Devizes, Tidworth and Calne benefited from the Real Skills for Life courses that staff and volunteers ran last year. The courses covered subjects such as Money Management, Developing Personal Esteem, Promoting Sexual Health, and Diversity and Equality. Further course programmes are scheduled for 2006.

## Securing the future

Supported housing accounts for nearly 70% of the projects we run at Alabaré. Each house is different and the support we provide tailored to the individual needs of the residents living there. 2005 was another year where we saw demand for places, far outstrip the number of rooms we had available.

Alabaré opened a house for ex-offenders with a history of substance dependency in Bristol three years ago. In 2005 we were able to house 32 men, but had to turn away a

further 53 due to a lack of vacancies. This need is proof that our services must continue and expand in Bristol. Last year we launched an appeal to raise funds to buy **Lazarus House** from our landlord, and secure the future of this project for years to come. Falkland's War hero, Simon Weston joined our campaign to raise awareness and funds for our projects in the area, and gave an inspiring after dinner speech at our fundraising dinner in Bristol last September. Negotiations are underway to secure move on accommodation for residents and therefore increase the number of men we can support at Lazarus House.

## Supporting independence

Long-term independence (inline with the needs, choices and aspirations of the individual) is always a goal for our service users at Alabaré. We can help each person access the training, education or support services appropriate to their personal circumstances, but ultimately for many the greatest success is moving on to greater independence. We realise that whilst this can be a moment of excitement, it can also be a time of uncertainty and insecurity.

Our **Salisbury Housing Support Team** helped over 64 people in 2005 who were living in the community but required extra support. We were able to offer the practical help and reassurance these people needed to deal with the complexities of everyday living and maintain their independence.



**“ I am delighted that the council has been able to support Alabaré Christian Care Centres in providing this essential service. Making available a number of bed-spaces for direct access will provide somewhere safe and warm for people who find themselves homeless and the staff and volunteers will provide practical and non-judgemental help. ”**

*Cllr John Cole-Morgan, Salisbury District Council portfolio holder for Community and Housing*



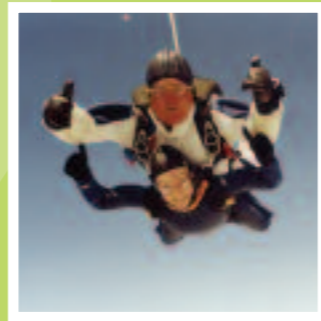
# 2006 sees Alabaré celebrate its 15th Anniversary

We asked our staff, volunteers and service users what being part of Alabaré means to them.....

“ Being part of something that is trying to make a difference, ” KB, staff member

“ An opportunity to support people who want to change their lives, ” PM, staff member

“ I am new to this organisation but I am impressed with what Alabaré has achieved in the last 15 years, ” DM, staff member



## 15 years making a difference

“ Nice to be able to come in out of the cold and have hot food, ” DH, service user

“ Working with supportive staff members and seeing service users achieve their potential, ” SG, staff member

“ I come in 3 days a week to shower and change clothes and for dinner and for a warm place to talk to people, ” M, service user

“ Proud and privileged to be doing something that benefits and empowers others, ” SV, staff member

“ All the staff are very helpful always there when you need them, ” MW, service user

“ It has helped me with maths and helped to communicate. Also help and advice, ” CC, service user

“ Giving a needed service in the local community. Helping the homeless with their problems, ” GL, volunteer

“ I say congratulations Alabaré on still being there for those who need help, ” SC, staff member

“ Belonging to a supportive community and raising awareness of social challenges, ” RS, volunteer

“ Success in a brave venture – enriching many peoples’ lives, ” LP, staff member



# Our first 14 years...

Alabaré Christian Care Centres was founded in **April 1991** by members of Alabaré Christian Community to move forward with the work they had started with vulnerable people.

Our first resident moved into Barnabas House on **11th June 1992**. Over 460 residents later the project is still offering accommodation to women in need. In the summer of 2005 our current residents built a beautiful pond in the garden with materials donated from local businesses.

Still our largest residential project, Damascus House opened in **1995**. Formerly a nurses' hostel, we are able to house 41 men or women (including couples). 2005 saw Salisbury District Council working with Alabaré to make 7 beds available for service users needing same day access to accommodation.



In response to the training needs of our residential service users, we opened Barford Countryside Unit in **2000**. Running NPTC accredited Skills for Working Life courses since 2004, staff helped 22 service users into work in 2005.



Opened in **July 1996**, Emmaus House is our only care home. In November some residents enjoyed a dream trip to Florida.

Home to three adults with learning disabilities, our Wyndham Road house opened in **2003**. The primary focus of the house is independent living.

**Move on accommodation is one of the final elements of the support cycle. Over the last 14 years we have developed houses in Salisbury, and more are planned for the Bristol area.**

Our Recycling Enterprise (**opened in 2002**) and Cana Coffee Bar supported employment for adults with learning disabilities continued to provide valuable services to the local community in 2005. Alabaré's Supported Employment Co-ordinator is available to help each person move on to new employment when they feel ready.

Alabaré became the largest provider of Drop In services in our region with the merger of two other homeless charities into Alabaré in **2003** and **2004**. Now with Drop Ins in Devizes, Salisbury and Trowbridge, we supported over 100 people per month.



Our residential projects for young people cover Calne, Tidworth, Salisbury, Devizes and the Test Valley. Highlights for **2005** included a garden makeover by clients and volunteers at Tidworth.

**Our Floating Support and Resettlement teams have been kept very busy in 2005 with over 100 new applications to our services. We are delighted to have won new contracts to continue, and expand, our services in 2006.**

The first project of its kind in Bristol, Lazarus House opened its doors in **March 2003**. In 2005 we were able to house 32 ex-offenders wanting to positively move forward in their lives.

New contacts were won in **2005** to provide debt counselling to offenders and those going through the judicial system in Wiltshire and Swindon.

Again opened in **2003** The Well is a unique project in England. Project manager, Margaret Hargreaves spoke at a sector conference in October about our work in Bristol with women leaving the sex industry.



**Staff and volunteers at Andrew House in Clevedon were very proactive in 2005. They arranged several fundraising events including a Brass Band concert, and one of their volunteers designed Alabaré's 2005 Christmas card.**

**Officially opened in April 2004, The Junction joined Sarum House and Oasis House as part of our Test Valley Foyer. The projects received accreditation from the Foyer Federation in March 2005.**

# Making it happen

The amount we need to raise each year for our projects is always a daunting challenge. Like many charities, our charitable income last year was affected by the huge public response to the major disasters to hit the world in late 2004 and 2005. It is a tribute to our dedicated supporters that we still managed to raise over £250,000.



Our links with businesses in our communities continues to grow. We are extremely grateful to the 10 volunteers from Barclay's Bank's Salisbury Branch who helped out at our horticulture project at **Barford Countryside Unit** in September. Many other local companies have donated gifts in kind to our projects, and raffle items for our fundraising efforts.

The annual **Alabaré Cup Charity Cricket** match was held in Tidworth on the 1st September 2005 with appearances from ex-England player Devon Malcolm and ex-Surrey player Nadeem Shahid. The day raised funds for our projects across Wiltshire. The third annual match will be held on 4th August 2006.

## In 2005...

■ 10 supporters ran in aid of Alabaré in the **Great South Run** and the **Cardiff Half Marathon**

■ Our first charity dinner in Bristol – several new corporate supporters joined us to listen to Falkland's War hero **Simon Weston** giving an inspirational talk on his experiences and to raise funds for our projects in Bristol

■ 8 very brave individuals parachuted over 3,000ft each for Alabaré. Pat Harrison, manager at **Lazarus House** in Bristol was our first jumper in May

■ Margaret Hargreaves, manager of **The Well**, completed the first sponsored walk along the seabed, complete with pink wig and zimmer frame!



# Happy Birthday Alabaré

## Supporting us in our 15th year!

Giving something back to our supporters is one way that we can show how much we appreciate your gifts to us. Through our twice-yearly **Roomsponsor** updates, we can show you how your donation has helped us support a person in one of our houses and made a real difference to their life. We ask that our supporters make a regular gift of at least £10 per month to join our **Roomsponsor** scheme.

\*All service users' names are changed to protect identities.



Leaving a gift in your Will is one way of helping Alabaré reach even more people. Please consider us in your future financial planning...and if you do decide to leave us a gift in your Will please let us know so that we have the opportunity to say thank you! For more information about legacies, please call us on **08450 78 68 08**.

We are privileged to be supported by a team of over 110 volunteers working across our projects. Their gift of their time, dedication and experience to us is inspiring and truly appreciated. If you would like to join our team as volunteer, or to talk over the opportunities we have available, please contact Tony Richmond on **08450 78 68 08**. We have a need for volunteers in many locations across our region.

If ten people each make a standing order donation through Gift Aid of £5 per month, their support will pay for the cost of running one of our **Drop In Centres** for a week. Please call 08450 78 68 08 for more information.

If you would like to make a 15th Birthday donation to Alabaré, please complete the form below and send with your donation to Alabaré Christian Care Centres, FREEPOST (SCE9703), SALISBURY, SP1 2YZ.

### Your details:

Name.....  
 Address.....  
 .....  
 .....  
 .....  
 Tel.....  
 Email.....

I enclose a donation of  
 £15  £25  £50  other £ \_\_\_\_\_  
 (Please make cheques payable to Alabaré Christian Care Centres)

*giftaid it*  Please tick this box if you are a tax payer and would like us to be able to claim gift

aid on this and all donations you have made to us in the last six years (prior to this year) and all future donations you make to us until further notice. To qualify for Gift Aid, what you pay in income or capital gains tax must at least equal the amount we will claim in the tax year.

We would like to keep you informed of the work we are doing at Alabaré. If you are not happy for us to use your contact details for this purpose please tick here.

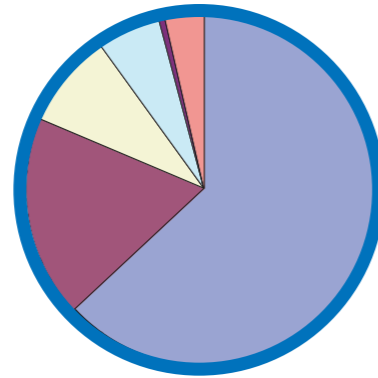
I would like to receive more information on:

- Giving regularly by standing order
- Becoming a Roomsponsor
- Volunteering at Alabaré
- Leaving a legacy

Thank you for your support

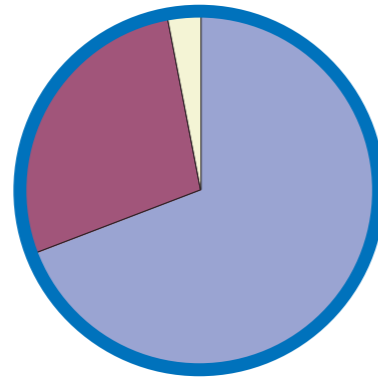
## Summarised financial accounts

Where each donation came from  
(voluntary income inc. legacies)



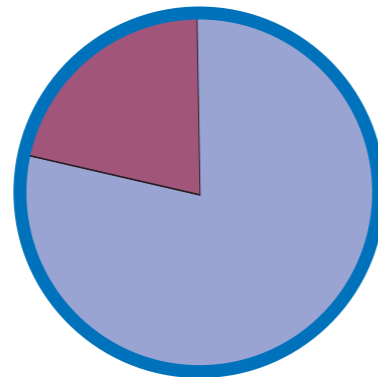
- Charitable trusts 63.1%
- Individual donations 18.3%
- Churches & community groups 8.5%
- Corporate support 6%
- Supporter legacies 0.5%
- Events (net income) 3.6%

Where our other income came from



- Project specific grants/contracts 69.2%
- Project rental income 27.8%
- Interest received & other sources 3%

Where each £ was spent



- Projects & services 78.6%
- Support services, administration & fundraising 21.4%



The extracts below, from the consolidated financial statements of Alabaré Christian Care Centres, may not contain sufficient information to allow a full understanding of the financial affairs of the charity. A full set of accounts may be obtained by writing to: Andrew Lord, Chief Executive, Alabaré Christian Care Centres, 33 Brown Street, Salisbury, Wiltshire SP1 2AS.

## 2005

Income Resources	£s
Voluntary income	246,552
Legacies	1,161
Activities to further the charity's objects	3,069,956
Interest received	45,943
<b>Total Income Resources</b>	<b>3,363,612</b>

Resources Expended	£s
Projects & services	2,595,454
Fundraising & publicity	185,959
Administration	518,685
<b>Total Resources Expended</b>	<b>3,300,098</b>

<b>Net incoming resources</b>	<b>63,514</b>
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Extract from Balance Sheet as at 31 December 2005	
Fixed assets - Buildings, vehicles, equipment	1,024,690
Net current assets	1,106,612
<b>Total assets less current liabilities</b>	<b>2,131,302</b>

Funds	
Unrestricted - designated	211,979
Unrestricted - other	1,712,123
Restricted	207,200
<b>Total funds</b>	<b>2,131,302</b>



Alabaré Christian Care Centres came to life 15 years ago with a single project working with vulnerable women and children in Salisbury. We now run support services in 7 local authority areas and help around 1,500 people each year.

Like many charities reaching 15, we have taken stock of what we have already achieved and started planning what we need to do next. We operate in an environment very different to the one we entered 15 years ago; one that is far more demanding, more professional, but more dependent on the changing priorities of the government and the other agencies that fund our work. Yet one thing remains constant and that is our Christian calling to serve equally all who come before us in need of caring; not only for their physical, mental and emotional needs, but their spiritual needs also.

Alabaré is known for welcoming vulnerable people into our projects, however, preparing to say goodbye is just as important. Service users can take advantage of more than 15 different programmes that we offer to help people gain life skills and independence. It is very important, for example, that we help people find jobs, but if we can also help them improve their inter-personal skills, then we can make it much more likely that they will keep those jobs.

In the coming years Alabaré faces significant expenditure on purchasing properties, refurbishing old buildings and essential equipment. By developing strong relationships with partnership agencies and our supporters, we can overcome our financial challenges and build an even stronger charity for the future.

We believe that Alabaré is more than the sum of its parts; it is the combined energy that binds together partners, funders, supporters, staff and all who use our services. Both our history and our future are about one thing – making a difference in people lives.

John Proctor (Chairman)



## Thank you to all those who have supported us in 2005

29th May 1961 Charitable Trust  
 Alexander Fairey Memorial Fund  
 Allan and Nesta Ferguson Charitable Settlement  
 Barclays Bank Plc  
 Besom Foundation  
 Carpenter's Company Charitable Trust  
 Childwick Trust  
 Co-operative Group  
 Drug and Alcohol Action Team (DAAT)  
 Drugs and Homelessness Initiative (DHI)  
 ED Charitable Trust  
 Edwina Mountbatten Trust  
 Edgar Milward Trust  
 Garfield Weston Foundation  
 Geoffrey Woods Charitable Foundation  
 George John Livanos Charitable Trust  
 Greendale Charitable Foundation  
 Hampshire County Council Youth Service  
 Henry Smith Charity  
 Irene Hammerton Charitable Trust  
 Kathleen Hannay Memorial Charity  
 Learning Skills Council  
 National Lottery Charities Board  
 Pavilion Trust  
 Salisbury College  
 Salisbury District Council  
 Sarsen Charitable Trust  
 South Wilts NHS – Primary Care Trust  
 Spitz Support Service  
 Supporting People teams in North Somerset, Bristol, Wiltshire and Hampshire  
 Streetsmart  
 Test Valley Borough Council  
 Vodafone UK Foundation  
 Westlea Housing Association  
 West Wiltshire District Council  
 Wiltshire County Council  
 Zurich Community Trust Ltd

...and also the many hundreds of individuals, churches, community groups, companies and other trusts we have not space to list



**“ The dedication of our supporters is truly inspiring. From charitable foundations to community groups, churches and individuals, each person’s contribution makes a huge difference to what we can achieve at Alabaré. ”**

*Rawle Beckles, Head of Fundraising*

# Alabaré Christian Care Centres run the following projects

**Alabaré Wiltshire Drop In Centres, Devizes, Salisbury and Trowbridge**  
– Drop In and Support Centres for homeless and/or vulnerable people

**Damascus House**, Salisbury – Supported housing project for men and women  
**Barnabas House**, Salisbury – Supported housing project for women  
**Ruth House**, Salisbury – Move on accommodation for women  
**Salisbury** – Supported move on accommodation  
**The Well**, Bristol – Supported housing project for women leaving street sex work and drugs dependency  
**Lazarus House**, Bristol – Supported housing project for ex-offenders re-entering the community  
**Andrew House**, Clevedon – Supported housing project for men who have completed drug or alcohol rehabilitation programmes  
**Eden House**, Tidworth – Young persons supported housing project  
**Hope House**, Calne – Young persons supported housing project  
**The Summit**, Calne – Young persons supported housing project  
**Sarum House**, Andover – Test Valley Foyer project for young people  
**The Oasis**, Romsey – Test Valley Foyer project for young people  
**Salisbury Young People** – Three supported housing projects for young people  
**Faith House**, Devizes – Young persons supported housing project  
**Luke House**, Devizes – Young persons supported housing project  
**Ruth House**, Devizes – Supported housing project for people with drug or alcohol related issues  
**Wyndham Road**, Salisbury – Supported living project for three adults with learning disabilities

**Salisbury Housing Support Team** – Services helping to prevent homelessness occurring or re-occurring  
**Floating Housing Support** (Supporting People), Salisbury – Helping people with disabilities who live in their own homes to access services in the community and maintain their tenancies  
**Together**, North Somerset – Supporting individuals in the community with a history of drug/alcohol dependency to maintain their tenancies and live independently

**The Junction**, Andover – Test Valley Foyer information and advice centre for young people  
**Probation debt advice service** – Debt counselling service on behalf of Wiltshire and Swindon Probation Service

**Barford Countryside Unit**, Barford St Martin – Practical skills training and supported employment programmes inc. Aluminium Recycling Project  
**Cana Coffee Bar**, Salisbury – Supported employment for adults with learning disabilities

**Emmaus House**, Salisbury – Christian Care Home for ten adults with learning disabilities



Existing project areas

New project areas in 2005

Potential development areas

For further information about Alabaré Christian Care Centres, please contact:

The Chief Executive  
33 Brown Street, Salisbury,  
Wiltshire, SP1 2AS

Tel: 01722 322882

Fax: 01722 341657

E-mail: [enquiries@alabare.co.uk](mailto:enquiries@alabare.co.uk)



**Fundraising Line 08450 786808**

Alabaré Christian Care Centres is a company limited by guarantee

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Registered Charity No. 1006504

[www.alabare.co.uk](http://www.alabare.co.uk)