



## ALABARE CHRISTIAN CARE CENTRES

“Outreach one2one” Services - “*meaningful social choices*”  
(and one ‘associated’ service – Elizabeth House)

**LAVENDER BLUES** (Outreach one2one Service) - this small social group meets up fortnightly in the light spacious Queen Anne Room, 58 Barnard St, Salisbury.

**DESCRIPTION** - many service users, who have more severe needs and probably have not accessed a day service for some time, start by using the one2one service; possibly it has been a bit of an effort just meeting up and going out for a cuppa? The idea of Lavender Blues is that other members who are quieter and lack the confidence to go out to a busy café in the community – can meet up, play a game of Boggle or Dominoes, enjoy fruit or some home-made cake, a chat in good company etc. **COST** – just 50p.

**Social Outreach Club** (Outreach one2one Service) – a larger group of about 12 members will have moved on from one2one support, even attending other Alabare activity/ skills groups.

**DESCRIPTION** – S.O.C. is like a “Roaming Coffee Club”, meeting up most Monday afternoons in a café environment, usually; monthly in Shaftesbury, Fordingbridge and Salisbury. As well as catching up with what’s on locally – this group proves to be an ideal conduit for receiving and sharing information for ‘move on’ opportunities, such as; voluntary/ paid work & training. **COST** = £1.50 (also Monthly Trips)

**HOT GOSSIP CLUB** (Outreach one2one Service) – this small club of between 5 and 8 members is for those who have found the confidence to talk more freely and offer an opinion.

**DESCRIPTION** – Hot Gossip Club encourages those with confidence to talk about local and national news, interests and hobbies – usually researching a subject beforehand, including; social, leisure, activity, skills and work opportunities. Often a look at the national and local papers will lead to a discussion – the group intends to write an article or two? **COST** = £2.50 (Café costs vary)

**F.L.I.C.S.** – (Outreach one2one), this Fun & Laughter in a Cinema Seat is open to ALL disadvantaged Groups.

**DESCRIPTION** – this group meets monthly (Monday 6pm) to see a film (2 or 3 choices) at Odeon Cinema in Salisbury. Members make their own way there & back. The plan is to also include a trip to the Theatre. **COST** = £5 +£2 (sweets). Theatre+

**ELIZABETH HOUSE** (separate funded charity), this Social Club is open to most disability groups.

**DESCRIPTION** – this Social Club, based in Exeter Street, Salisbury, offering social/skill-related choices - table games, Bingo, IT skills, film nights, Art classes, pub nights, day trips, disco, subsidised lunch. **COST** = £2- £3 year membership