

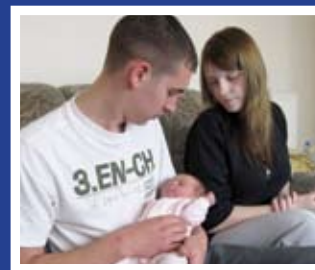
“MONABRI”



E N A B L I N G A F U L F I L L I N G L I F E

Alabaré Christian Care Centres

52



Annual Review 2008/09

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Welcome

Chairman's Report

The last year has produced many successes for our clients, staff and volunteers as Alabaré continues to grow. I have just returned from an open day at our Barford Countryside Unit and it was certainly gratifying to see just how far this project has come in the last ten years.

Through our achievements in 2008 Alabaré has become a truly South West regional charity offering quality services. We have opened new projects in Bournemouth and Plymouth to provide floating support services for homeless people in these cities and supported temporary accommodation in Plymouth. I have met many of the staff in our new projects and have been encouraged by their enthusiasm, dedication and commitment to their clients and to Alabaré.

We completed the merger with Bruised Reed Trust which saw the transfer of their services and staff into Alabaré and welcomed two of their trustees onto our Board. The outcome of this has expanded our work into Weymouth and Bideford.

Last year was also influenced by the deteriorating UK economic position, and this has had an impact on all organisations. For Alabaré we have started to see public sector funding reducing due to the many conflicting priorities they face, yet at the same time an increasing



demand on our services. This has meant we have had to take painful and difficult decisions in order to reduce and control costs. However, the Board of Trustees has also put in place strategies to improve the level of donations we receive and later next year we will launch a major gift campaign.

Finally, I would like to thank my fellow trustees, patrons, ambassadors, our staff and volunteers and all our supporters for their hard work, support and prayers over the last year. Please continue your support in the coming year.

Rev John Proctor
Chairman

A handwritten signature in black ink, appearing to read 'John Proctor', written over a white background.

Chief Executive's Report

In writing this short report, it has provided me with the opportunity to reflect on the work of Alabaré and the successes achieved. With our clients we have achieved many positive outcomes, some of which you will read about in the following pages.

The delivery of good quality services is essential; I have been heartened by the excellent results achieved in recent external reviews by our funding bodies for our care, training and Supporting People funded services.

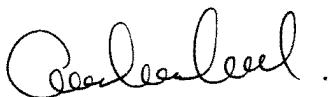
Our staff and volunteers deserve a special thank you for their commitment and professionalism.

We have continued on an ambitious programme of improving the accommodation we provide to our residents. Several properties have now been handed back to their owners and new properties have been purchased or leased, particularly in Salisbury and Plymouth. During last year we have worked tirelessly on our proposals for the redevelopment of Damascus House and we have just heard that we have been successful in our planning application.

During the year we have become very aware of the plight of homeless ex-Service personnel. A home dedicated to this group has been opened in Plymouth and we are receiving strong encouragement to develop further homes.

Partnership working continues to be a strong theme of our work and I am thankful for the support from the many charities, housing associations, churches and public sector bodies and individuals we work with.

Andrew Lord
Chief Executive



June 2009



Our Vision, Mission and Values

Our vision, mission and values are the principles by which we strive to live and work at Alabaré. They are the standards by which we aim to support our residents and service users.

Our vision

A society where everyone has the opportunity to enjoy a fulfilling life.

Our mission

We enable people to enjoy a fulfilling life by working with individuals, communities and other organisations to:

- Generate sustainable solutions for our communities
- Provide high quality accommodation and support services
- Equip people with skills for living and working
- Overcome the barriers people face

Our values

These are the qualities that are important to us in achieving our vision. As an organisation and as individuals we want to:

- **Demonstrate integrity** – expressed in personal and organisational transparency, honesty, reliability, accountability and confidentiality.
- **Achieve inclusiveness** – by showing respect, compassion, recognising and valuing others' differences, treating everyone with dignity.
- **Encourage empowerment** – by creating an environment where people can take control of their own lives by listening to them and offering choice wherever possible.
- **Demonstrate equality** – in the delivery of services to our service users and employment of staff. Recognising and valuing the diversity of the communities we serve.
- **Encourage generosity** – by demonstrating that all involved in Alabaré provide a high level of service and are generous with time and resources.



An end to homelessness

Alabaré provides housing, support and care for homeless and vulnerable people. A primary goal is to end homelessness for our service users. People become homeless for many reasons but each homeless person's situation is unique and complex.

The three Drop In Centres we run in Wiltshire provide vital advice, food and help to vulnerable adults and are often a first point of contact when someone does become homeless. In these harsh economic times we are sadly seeing people returning to use our centres after some years away; we are also seeing a general increase in use.

In March 2009 the Devizes Drop In moved into temporary premises at the Parish Rooms of St James Church and we are exploring more sustainable options for the future. In Trowbridge we are seeing a bigger proportion of Polish service users, and thanks to the Wiltshire Fire and Rescue Service over 40 street survival bags were issued. These are waterproof backpacks which include a smoke detector, a tin for cigarette ends, a wind-up lantern, survival blanket and sleeping bag. The smoke detectors reduce the risk for those who sleep in derelict buildings. In Salisbury plans were made for North Wessex Training to start making weekly visits to discuss employment opportunities with service users.

Since 1991 Alabaré has been helping homeless people in Salisbury. This winter extra accommodation for rough sleepers was gained through our partnership with Salisbury District Council and Morning Star.

“An amazing 233 units of accommodation has been provided over a challenging time of the year to people who would have otherwise had to look to the street for the night. This represents 36 individuals who have benefited from the never-ending support of the team at Damascus House.

It has been a pleasure working with you all and I hope that you will all continue with the brilliant partnership working for which you should all be proud.”

Winter Provision for Rough Sleepers - Findings up to 23 March 2009,
Salisbury District Council

Damascus House provides accommodation and support to individuals and couples who are homeless, but the building itself is outdated. In order to upgrade the hostel we plan to redevelop the site and are seeking planning permission for this. Our proposals include feedback from neighbours, planning officers and residents of Damascus House made from October 2008 through to April 2009.

Running a café at Damascus House was a new venture this year and we hope it will become a feature in the future.

Our supported housing projects and move on properties throughout the South West, which offer varying levels of assistance dependent on need, help our service users get ready for their return to independent living and managing their own tenancies.

We have been able to help many more people in need this year through our new presence in Bournemouth and Plymouth. Last summer we completed the merger with the Bruised Reed Trust and now manage a 9 bed house in Bideford, North Devon and a 6 bed house in Weymouth. Both provide supported accommodation for single homeless men.

Increasing the number of move on properties has been a focus this year. In March we began leasing 5 move on flats in Exeter Street, Salisbury from the Roman Catholic Diocese which will have accommodation for 11 people. Working in partnership with Westlea Housing Association we will also be able to increase our move on housing stock from April 2009.

Probably the most significant and innovative project to start this year was the opening of our house for ex-Service personnel in Plymouth – and we hope that 2009/10 will see further homes and support services developed.

339 people have been helped to make a positive move on from supported housing this year

Last year at our Drop In Centres we served nearly 12,500 free meals, we handed out more than 100 sleeping bags, did over 400 loads of washing and more than 540 showers were taken





Our year at Alabaré

April 2008

In North Wiltshire we opened The Orchards to replace Faith and Luke Houses, two of our young people projects. Our Supported Living project in Wyndham Road, Salisbury was also re-located to a larger house in London Road, Salisbury.

May

The support that Alabaré offers to vulnerable women was highlighted at the South West Supported Housing Conference. Senior Operations Manager Rachel Wetton ran a workshop there called 'Delivering services to vulnerable women'. During the talk she used examples of good practice at The Well in Bristol and Barnabas House in Salisbury. Her workshop was the most highly rated event of the day!

June

We launched Bournemouth Floating Support, which offers housing related support to vulnerable people living in the area. It is our first project in Bournemouth.

July

Salisbury Drop In Centre received a makeover; a new kitchen was fitted and the showers refurbished thanks to the money raised by the 2007 Mayor of Salisbury Appeal. Volunteers from St Thomas' Church gave the walls a paint and teenagers from St Pauls' Church varnished the floor.

August

We joined forces with Bristol based FareShare South West, an organisation that distributes surplus foods that would otherwise go to waste and in August we received our first delivery from them. Our Drop In Centres benefited greatly from the additional supplies.

September

The new and improved kitchen at the Salisbury Drop In Centre received a five star rating from Salisbury District Council inspectors.

Our Probation Debt Advice service had its contract extended for a further 12 months. Given the current economic situation this service is even more invaluable. In the last year our two advisors have dealt with and helped 150 people.

October

The Junction, our Internet Café for young people, launched its UK Online Service. This means they can now show even more people how to access a wide range of information and services via the Internet.

Mike came to The Junction without any computer skills, wanting to put together a CV. With support he was able to do this and was shown how to access information that he needed from the Internet. Through UK Online Mike was able to improve his IT skills and is looking at completing a course online to increase his chances of getting a new job in the future.

November

All of our projects that were reviewed by Wiltshire Supporting People received outstanding results; receiving the top A and B grades, with some getting 5 straight As. The glowing report shows that the projects are running a full and complete service and are successfully including service users in all aspects of service delivery.



December

We had an overwhelming response to our Welfare Box Appeal during the winter. The Appeal asks people to donate a small box or bag containing personal hygiene items such as soap and toothpaste. These are then distributed to homeless and vulnerable people via our Drop In Centres. We received a huge amount in the last year, many of which also contained gloves, hats and socks, which were very much appreciated.

Two of our Bristol projects welcomed a special visitor. The Rt Hon The Lord Mayor of Bristol, Cllr Christopher Davies, spent the afternoon meeting with staff and service users at The Well and Lazarus House. At Lazarus House, which provides supported accommodation for ex-offenders, he met with service users who shared their experiences with him. He said "It was a surprisingly joyful experience, they were very honest about their situations and it was clear that Alabaré is providing them with a unique lifeline to a new future."

January 2009

It's Your Move, our tenancy training course, was given a new name. It is now called Alabaré Home and Money. It is designed to give people the skills they need to obtain and maintain their tenancies and live independently. Many of the new parents at our South Wilts Mother and Baby Unit are currently on the course and we are now offering it to young people in our North Wiltshire projects.

February

More than 200 people dug out their sleeping bags to support our sponsored Sleep Outs. A total of six events were held across the region raising more £30,000 for the work of the Wiltshire Drop In Centres.

"We are all so lucky not to be homeless on the streets in this horrid weather and good of you to remind us of those less fortunate."

Community 4 (C4), our floating housing support service, received its 1000th application. C4 provides support to vulnerable people to help them manage and maintain their tenancies.

Mon Abri, a supported housing project for ex-Service personnel, opened in Plymouth.

March

We took on another 5 properties in Salisbury. The flats are being leased from the Roman Catholic Diocese and will be used as Move On homes for 11 people progressing from other Alabaré projects.



The Right Support and Care

Our Supported Living houses provide accommodation for people with learning disabilities. They offer varying levels of support in a safe and stimulating environment, enabling tenants to develop essential living skills and maximise their independence. Supported Living is an area that has seen a great deal of expansion over the last year, growing from just one to three properties.

In April 2008 our Wyndham Road project in Salisbury re-located to a larger house in London Road. It meant that a further two tenants could move in taking the number of people living there to six. They have been at London Road for a year now and they all settled in well. All of the tenants are involved in various work placements and one of the new tenants has taken up waterskiing.

The original house in Wyndham Road was re-opened in July 2008 and now offers accommodation to three men and women needing a lower level of support.

In October 2008 we opened a further Supported Living project in Gorringe Road, Salisbury. This new house provides low-level support to three men with learning disabilities. All have made huge changes to their lifestyles since moving in; one tenant is now in paid employment and enjoys going to nightclubs.

There are plans to open a second house in Wyndham Road and to continue to expand Supported Living in Salisbury and beyond.

Emmaus House, our registered care home for people with learning disabilities, has had much to celebrate this year:

It received 6 A's in its Wiltshire County Council Audit. It was also graded as a "Good Service" by the Care Quality Commission (CQC), the independent regulator of social care in England. The CQC looks at how the service is run, as well as talking to staff and residents about their experiences.

In addition to that Emmaus House also welcomed a new resident.

At Emmaus House we work with each individual to develop their day to day living skills, focusing on choice and goal setting. Two of the residents are doing an NPTC course in Life Skills via the Barford Countryside Unit. One of the areas it covers is independent cooking, which encourages them to plan and prepare healthy, well balanced meals. The two residents

must decide on a menu for the following week, draw up a shopping list and then independently shop for the items. They then have to prepare the meals and freeze the extra portions for future use. It helps them develop planning and budgeting skills and teaches them about healthy eating at the same time as developing their cooking skills. Both residents are now a lot more confident and are hoping to receive their certificates soon.

Good teamwork at Emmaus House provides the support needed to enable its ten residents to achieve their personal goals, gain greater independence and live their lives to the full. Family and friends also play a big part in life at Emmaus.



The Right Training

Young people from Alabaré's Test Valley Foyer used their own experiences of homelessness to help others. They launched Homelessness Awareness Fix to reach out to young people in similar situations and called for greater tolerance from others.

It is part of a wider scheme called ITV Fixers, which gives young people opportunities to 'fix' something in their community. Their work was featured in a film which was broadcast on ITV Meridian West News in August 2008.

The group has now joined forces with the Homelessness Education Liaison Project (HELP), part of the government's vinolved programme, to hold workshops in schools across Andover.

Outreach one2one, our community based service for people with enduring mental health problems in South Wiltshire has been encouraging its service users to start up and manage some new skills groups. The most popular has been the Pictures, Art and Design group, which regularly attracts 10-12 members. Other groups include jewellery making and flower arranging.

One2one aims to reduce isolation and provide opportunities to mental health sufferers in both city and rural locations through a variety of activities such as rambling, cinema trips or simply just going for coffee.



In October SORTED, our recycling project for people with learning disabilities was awarded a grant by Tesco. The money was a great help and enabled the team to continue collecting and crushing recyclable material for another six months. Unfortunately, the project has now come to an end and we would like to thank each and every team member for their hard work and wish them all the best for the future.



Beth was referred to the Barford Countryside Unit by the Community Mental Health Team in 2006. When she arrived she was very withdrawn and found it hard to engage in the activities or with any of the staff and service users. It took a long time, but eventually Beth came to trust us and started enjoying herself. She is now much more confident and has achieved an NPTC Level 2 certificate in Pottery and went on to achieve level 3 certificates in Pottery & Cookery. Beth is now ready to move on from Barford and is planning to take up voluntary work at a local nursing home.

Our Cana Coffee Bar has had its best year to date. The service, which provides employment and training experience to adults with learning disabilities, has seen an increase in the number of clients joining. The team has received commissions for two celebration cakes – one for a wedding and another for an Alabaré project's birthday. They also continue to run their successful sandwich and cake delivery service for Alabaré staff and other local businesses.

At Mon Abri during their first week residents work with their key worker to make sure that they are receiving the correct benefits and that they are registered with a doctor. A Support Plan is drawn up which includes finding out what residents want out of life, helping with life skills and sign posting to other local agencies.

Many of the residents have other skills which they are willing to share for the benefit of the house, and some carry out voluntary work for other charitable agencies.

To assist residents who are rebuilding family relationships, staff have arranged with local guest houses a discount rate for their families as they are unable to stay in the house. Other agencies in Plymouth have offered money saving offers such as the Plymouth Aquarium which provides one free ticket per house member per month. Some of the house members also volunteer at the aquarium feeding the fish and tank cleaning.

A resident in Mon Abri said
“ If it was not for Alabaré and The Royal British Legion offering me help I would be dead due to alcohol abuse. I need people to trust me again, to give me direction and this is what I am getting here from my support worker and the rest of the lads in here. I have got to learn how to cope with life without alcohol”.

Plymouth

Mon Abri

We are delighted to have opened a new housing scheme for ex-Service personnel in Plymouth in February 2009. With essential grant funding over three years from The Royal British Legion, the new scheme, possibly the first of its kind, offers supported housing with advice to people experiencing difficulties after leaving military service.

We are able to offer people not only accommodation but also support with life issues including for some, drug and alcohol dependency. The scheme can help 7 people at any one time to move forward towards a fulfilling life including education and work. Within a few days of opening the house, called ‘Mon Abri’ was full. By April three residents had successfully moved on.

In March Mon Abri was visited by Andrew Murrison, MP for Westbury and Shadow Defence minister for veterans. He met with staff and residents there and showed great interest in and support for the housing scheme, calling for more to be done to help homeless veterans. We are developing proposals for further homes and support services for homeless ex-Service personnel.

Floating support

Having already established services for homeless people in Devon and Dorset, we started providing supported housing services to homeless people and those at risk of homelessness in Plymouth in autumn 2008.

Our Floating Support service has assisted 151 single homeless people since last September and we have managed to stop eight evictions through mediation and by attending The County Courts with the service user.



Supported Temporary Accommodation

The other service that Alabaré provides in Plymouth for the City Council is Supported Temporary Accommodation for homeless people. When we took over this contract in December we inherited five rented properties, we are now in the process of purchasing three new properties and replacing some of the rented accommodation as we seek to improve standards.

We are really pleased that our new Alabaré offices opened on 3rd November at Creykes Court, Millfields, Plymouth with a staff team of 12. The team are keen to develop new services in Devon and believe there are exciting times ahead.

The Well

In Bristol, The Well is a Supported Housing project for vulnerable women who are seeking help to leave the sex industry or are at risk of becoming involved in it, and who are committed to change. Our staff provide 24 hour support to five residents with a variety of complex needs. Each person is assigned a key worker who works closely with them to draw up a Support Plan based on their individual needs.

Over the last year at The Well 31 women have been supported to exit the sex industry and address their drug and alcohol addictions.

A new introduction this year has been the provision of after-care support to residents moving on from The Well – this has been a vital support to residents making the transition from 24/7 support to a more independent lifestyle.

In-house groups have been formed in confidence building, cycle of change, relapse prevention and creative visualisation.

Other creative work has led to the production of the first issue of Well Wicked – a resident's newsletter devised and produced with a creative writing volunteer. It contains information about the house and its activities as well as poems written by the residents.

Poems were also read by residents at a Remembrance Service held to mark the International Day to End Violence Against Sex Workers in December 2008. Names were read out and candles lit to mark the death of every woman through sex-working over the last ten years.

When Nottingham Supporting People visited The Well this year, their main aim was to gain information on our good practice from both staff and residents to help them to set up a similar project in Nottingham.

In December The Well welcomed the Rt Hon. The Lord Mayor of Bristol, Councillor Christopher Davies and The Lady Mayoress on a visit. The Lord Mayor presented all of the women residents with a certificate of achievement. These ranged from the first clean drugs test in eight years to three months clean and sober, reflecting the hard work each had put in since coming to live at The Well. For some residents this was the first public recognition they had ever received.

Residents from The Well have been making a film with ITV Fixers on sex-working, helping direct and film drama students who are enacting real life scenes. The film will be distributed to organisations supporting homeless people and sex workers, as well as schools and colleges. It will also be available on the internet along with a documentary about the making of the film which contains interviews with people from The Well.

Achievements over the last year for The Well

- Highly commended for the Una Padel Award in 2008 which seeks to recognise work within the Criminal Justice System
- A current resident is 8 months clean and sober
- Three women are living drug-free independent lives, two with young babies.



- Staff and a resident spoke live on Radio Bristol about The Well
- One resident went on to second stage recovery in Stroud and has now returned to run our in-house weekly Narcotics Anonymous meetings.

One resident said “I have been at the Well for just over 8 months. I have struggled, laughed, cried, thrown my dummy out of the pram and whilst I was doing all of these things, The Well has wrapped its arms around me, encouraged me, and told me I am not a bad person, I just hadn't been very well. There are really no words to describe the dedication of the team of staff here. I will always have a space in my heart for The Well and all the staff. Bless you all.”

The Well obtained five free bicycles from a local charity last year. One of the bicycles has been ridden every day by a resident who is moving on after a very successful eight months stay. The bicycle helped keep her safe during this time, and as our leaving gift to her, The Well hopes it continues to do so.

Supporting Alabaré

Sleep Out Success... On 27th February 2009 nearly 200 people braved the elements and took part in our Sleep Out to raise money for Alabaré. There were six events held across the region, raising a total of more than £30,000. The largest event was at Salisbury Cathedral where 126 brave campers spent the night in the cloisters. Other smaller scale events were held at St Thomas' Church in Salisbury, Tisbury's Hinton Hall, St George's Catholic Church in Warminster, Porton St Nicholas and Pip n' Jays in Bristol.

The Sleep Outs are a great way of raising awareness of the challenges faced by rough sleepers, many of whom often have no choice but to sleep out every night.

The majority of the money raised through the Sleep Outs will go to our three Wiltshire Drop In Centres in Devizes, Salisbury and Trowbridge. The Drop Ins open their doors three days a week to homeless and vulnerable people, offering warm shelter, hot food and drink and advice on issues like health and housing.

It costs Alabaré £160,000 every year to keep all three Drop In Centres up and running but they do not receive any guaranteed funding. The money raised through our Sleep Outs and many other fundraising events will go towards meeting this cost. The money raised in Bristol will go towards supporting our work there.





Going the distance for Alabaré...

A big thank you to Mark Taylor who completed the London Marathon in April 2008, raising vital funds for the work that we do.

What a Knockout...As part of our year as Spire FM's nominated charity for 2008 we held an It's a Knockout competition at the Salisbury Show in July, raising more than £8000 for the Salisbury Drop In Centre. Thank you to the brave teams who took on the wacky and absurd to show their support and to Spire FM for selecting us as their charity.

Harvest Festival...We received many donations from Harvest Festival services across the region, which are very much appreciated at our projects.

On a High...In September we dusted off our school uniforms and took a trip down memory lane with High School Hits Live, an event held at The Chapel night-club in Salisbury to raise money for the Salisbury Drop In Centre. A great time was had by all and not a detention in sight!

Hitting all the right notes...Two special choir concerts were held in aid of Alabaré; Reading Male Voice Choir put on a spectacular show in Salisbury in aid of the Salisbury Drop In Centre and the Miscellany Ladies Choir performed to a delighted audience in Clevedon to raise money for Andrew House.

Quiz time...Contestants enjoyed a curry and a quiz at the Salisbury Drop In Centre in October 2008.

Picture perfect...In November 2008 an art exhibition was held at The Art at The Barn Gallery in Odstock, Salisbury. The artists, two of whom live locally, donated £500 from the proceeds to what they described as the "desperately needed" work of Alabaré.

Wholly cow!... Our most unique donation to date was that of a whole cow to the Salisbury Drop In Centre in December 2008. Thanks to the generosity of one local smallholder, the freezers were filled with meat and many a delicious hot meal prepared.

Welfare Box Appeal...We had a great response to our Welfare Box Appeal, which runs all year round. Boxes packed with essential items such as soap, toothpaste, deodorant and gloves have been handed out to vulnerable people via our Wiltshire Drop In Centres.

Digging deep...Thank you to those who gave their time to help with our street collections across the region, throughout the year generous shoppers dug deep and gave more than £1200.

Retail therapy...Handmade goods from a range of Alabaré projects have gone on sale at a number of table sales and bric-a-brac stalls.

Emmaus House...Over the year nearly £1300 was donated by friends and family of residents and staff at Emmaus House. The money has made a big difference to the lives of those living there, thank you.

Floating Support

Equipping people with the skills they need to enable them to maintain their tenancies is one of the most important things we can do to prevent homelessness. Floating Support provides tenancy related support to people in their own homes. The support is attached to the person so that if they move home the support will follow them. When their needs have been met this support can float off and be made available to another person.

Bournemouth

In June 2008 Alabaré made its first move into the area with the launch of Bournemouth Floating Support. This service will be able to help some 200 vulnerable people every year with skills such as budgeting and form filling, all of which are vital in helping them maintain their tenancy agreements and preventing eviction.

Since it began Bournemouth Floating Support has helped 182 people. One of those was Brian who was already in rent arrears when he was referred to the service. He had served in The Army Parachute Regiment for over four years and was suffering with Post Traumatic Stress Disorder. An error with his benefits caused Brian to fall into rent arrears, which is when he was referred to Bournemouth Floating Support.

His support worker contacted SSAFA Forces Help (an organisation that supports those who serve/used to serve in the Armed Forces) who agreed to pay off Brian's rent arrears in full, enabling him to get his finances back in order. Brian was then found an affordable house through the charitable letting agent Homes4Let and with the help of his support worker is managing his tenancy well. Brian has now been accepted on a full time plastering course at Bournemouth and Poole College and is looking forward to learning a trade.

Plymouth

Just three months later, in September 2008 we launched Plymouth Floating Support. The service has been going from strength to strength and has so far worked with 151 people. (see page 12*)

Wiltshire

Community 4 (C4), a consortium of organisations including Alabaré, Westlea Housing Association, Splitz Support Services and the Drugs and Homelessness Initiative, provides housing related support to help people manage and maintain their tenancies. The support is specifically tailored to each individual's needs.

Jane was referred to C4 because her partner was using heroin and had lost his job. They lived in a small Wiltshire village and had a three year old child. The support worker helped Jane to claim the correct benefits and set up a repayment plan for the rent arrears. She was also referred to the CAB to deal with her debts. After being given notice on their property, the support worker helped make a homeless application and eventually the family were allocated a two bedroom flat in Devizes. They settled into their new home well and their case was closed. Six months on and Jane is enjoying working part time in a local shop, their child is in pre-school and her partner is on a methadone script working with BADAS. The family is enjoying its new life.

South Wiltshire

Our Learning Disabilities Floating Housing Support (LDFHS) was at the maximum capacity of 15 clients throughout the year. The service also runs a Friday Information Desk at the Cana Coffee Bar which helps reduce isolation by encouraging clients to leave their homes and meet others. It is also a way of offering support to the many clients who have exited the service but still need some further help.

North Somerset

Together is our floating support service that helps people with a history of substance misuse to maintain their homes. This year the service has helped 29 people – 12 of those moved on in a planned way and 15 are still receiving our support.



William is physically disabled and has mental health problems. Before being referred to Together he was unwilling to see his GP regarding his mental health, but with encouragement has now done so. He has also been given support to help resolve a housing dispute that had arisen due to his disability. After mediation a solution was found and William is now managing to maintain his home with support.

Our supporters, volunteers and ambassadors

Over the past year so many have supported us in so many ways. Alabaré Christian Care Centres has been able to expand over the last year and reach out to over one thousand people providing vital support - but none of this would be possible without our supporters.

Although much of our funding comes from statutory sources we need to generate about half a million pounds a year from voluntary donations.

We have been very thankful this year to be advised of three legacies which will provide close to £100,000 of funds. It is sad that these benefits are normally known about only on the death of the donor, but it is very good to see their high level of concern for people in need demonstrated in their will.



We are grateful that the levels of individual donations have not dropped away in recent months. In these difficult times we see the needs of vulnerable people increasing.

Charitable trusts, businesses, churches, community groups and schools also regularly support us and we thank them also.

Ambassadors

In Bristol, North Somerset and Wiltshire we have active Ambassador groups to support our work, make contacts and raise funds. The priorities for each group reflect the local geographical area. For Bristol, the Ambassador group has focused on the work of The Well, our project for women leaving the sex industry, and has successfully raised nearly £30,000. In North Somerset the group has focused on developing the vision for our work in this area, with a particular focus on securing the future of Andrew House. In Wiltshire the focus has been on the work of our Drop In centres for homeless people. The support of these groups is both welcomed and gratefully received.

Volunteers

There are a great number of volunteers across our South West region who provide invaluable help by: preparing food, befriending, training, fundraising, sorting clothes, distributing welfare items, selling crafts, budgeting, gardening and sleeping over at one of our homes.

121 people have volunteered for Alabaré this year

Special thanks

Thank you to all those who have supported us in 2008/09 – and to all the many people, churches, community groups, companies and other trusts we do not have space here to list.

Bournemouth Council	Kennet District Council
Bristol City Council	Plymouth City Council
Devon County Council	Test Valley Borough Council
Salisbury District Council	West Wiltshire District Council
Hampshire County Council	Wiltshire County Council

29th May 1961 Charitable Trust
Andover Round Table
Beatrice Laing Charitable Trust
Bernard Sunley Charitable Foundation
The Besom
Bramble Charitable Trust
Bristol Port Company
Dulverton Trust
Fareshare SW
Friends Provident Charitable Foundation
Fulmer Charitable Trust
Garfield Weston Foundation
Irene Hammerton Charitable Trust
Kathleen Hannay Memorial Charity
Lankelly Chase Foundation
Roger Vere Foundation
Salisbury City Almshouses & Welfare Charities
South Wilts Mencap
Spire FM
Supporting People teams: Bournemouth, Bristol, Devon, Dorset, Hampshire, North Somerset, Plymouth, Wiltshire
Tesco Charity Trust
The Royal British Legion
Tudor Trust
Walter Guinness Charitable Trust
Wessex Water plc
Westlea Housing Association

Annual review 2008-09

Incoming resources

	Total £
Generated Funds	
Voluntary Income	340,847
Activities for generating funds	56,519
Investment income	44,158
Charitable Activities	4,194,636
Assets given by Bruised Reed Trust	657,423
Total Income	5,293,583

Resources expended

Cost of generating funds	73,532
Cost of charitable activities	4,492,747
Governance Costs	83,354
Total expended	4,649,633

Net income/(expenditure) 643,950

Extract from Balance Sheet

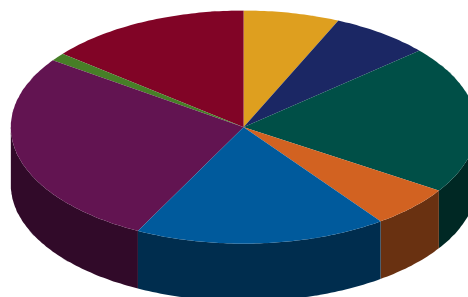
Fixed Assets	2,294,946
Net Current Assets	1,035,103
Creditors more than one year	(2,898)
Net Assets	3,327,151

Funds:

Unrestricted:	
General held as fixed assets	2,294,946
General other	592,431
	<u>2,887,377</u>
Designated	298,143
Total Unrestricted	3,185,520
Restricted	141,631
Total Funds	3,327,151

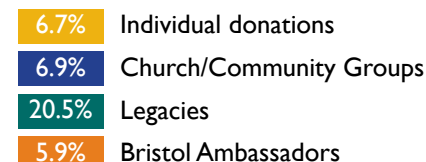
The extracts above, from the consolidated financial statements of Alabaré Christian Care Centres, may not contain sufficient information to allow a full understanding of the financial affairs of the charity. A full set of accounts may be obtained by writing to: Julie Leng, Senior Manager-Finance and Support, Alabaré Christian Care Centres, 33 Brown St, Salisbury SPI 2AS.

Summarised financial accounts

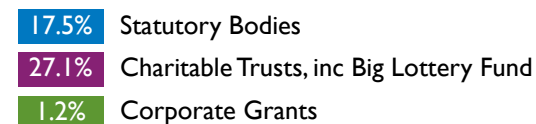


Voluntary & Activities Income £397,366

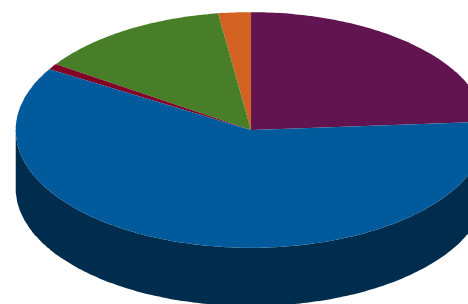
Donations & legacies



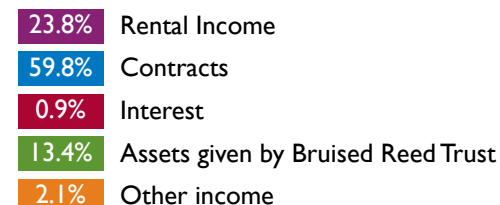
General Grants



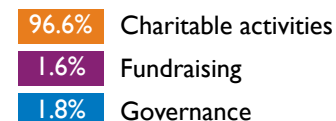
14.2% Events



Charitable Activities, Investment & Other Income £4,896,217



Expenditure £4,649,633





Alabaré Christian Care Centres Trustees and contacts

Thank you to all our Trustees, Committee Members and Ambassadors for their continued support and dedication.

HEAD OFFICE

33 Brown Street
Salisbury
Wiltshire
SP1 2AS

01722 322882

enquiries@alabare.co.uk

www.alabare.co.uk

Alabaré Christian Care Centres

is a regional charity, providing a range of services including supported housing, floating support services, drop-in centres, information, advice and training services and a registered care home. We work with the homeless, ex-offenders, young people, individuals with a learning difficulty, vulnerable women, people with drug and alcohol problems and people with mental health issues, toward our Vision of "A society where everyone has the opportunity to enjoy a fulfilling life."



INVESTOR IN PEOPLE

Alabaré Christian Care Centres is a company limited by guarantee. Registered in England No. 2604011. Registered Charity No. 1006504.

PATRONS

The Right Reverend David Stancliffe, Bishop of Salisbury
The Right Reverend Declan Lang, Bishop of Clifton
Miranda, Countess of Pembroke

TRUSTEES

Reverend John Proctor (*Chairman*)
Reverend Canon David Durston (*Vice Chairman*)
Andrew Bailey
Malcolm Cassells
Richard Holman (*until August 2008*)
David Lawes
Archie Mackie (*until May 2009*)
Adam Mills
Elizabeth Webbe (*Company Secretary*) (*Trustee until July 2009*)
Jeff Peacock
Susan Pendrey (*as of July 2008*)
Alicia Proctor
Lt Col Tim Robertson
Dawn Wood

Cllr Tony Thorpe (*Salisbury District Council Observer until March 2009*)

AMBASSADORS

John Bush OBE, JP, Lord Lieutenant of Wiltshire
Rt Rev Stephen Conway, Bishop of Ramsbury
Julia Elton, DL, Deputy Lieutenant of Somerset
Brigadier Simon Firth, CBE
Robert Garner
Lady Ruth Hawley
Derek James
Val Jeal, MBE
Mary Prior, MBE, JP, Lord Lieutenant of Bristol
Chris Ryland
John Savage, CBE
Edward Shaw
Louis Sherwood (*deceased 26 March 2009*)
James Short
David Tomlinson
(*a list of our committee membership is available from Head office*)

SENIOR MANAGEMENT TEAM

(*Head Office*)

Andrew Lord, Chief Executive
Janet Herring, Senior Manager
Julie Leng, Senior Manager
Stewart Mustard, Senior Manager
Rachel Wetton, Senior Manager

AREA MANAGERS (*as of May 2009*)

Chay Robertson, *Plymouth, Devon and Cornwall*
Unit 8, Creykes Court, 5 Craigie Drive
The Millfields, Plymouth, Devon PL1 3JB
01752 262825

John Estall, *Bournemouth and Dorset*
59-61 Drewitt House, 865 Ringwood Road,
Wallisdown, Bournemouth BH11 8LL
01202 580932

Gemma Nokes, *Bristol and North Somerset*
The Greenway Centre, Doncaster Road, Southmead,
Bristol BS10 5PY
07795 035380

Mel Hurley, *Hampshire and North Wiltshire*
The Orchards, Bath Road, Devizes SN10 2BB
01380 829669

Sue Gumbleton, *Wiltshire (Accommodation)*
Damascus House, St Ann Street
Salisbury, Wiltshire SP1 2DP
01722 416170

Mel Greenstock, *Wiltshire (Community Services)*
c/o Community 4, Castle Lane, Wilton, Salisbury,
Wiltshire SP2 0HG
01722 743275

Alabaré Christian Care Centres



Hampshire and North Wiltshire

Eden House, Tidworth,
Hope House & The Summit,
Calne, **Oasis House**, Romsey,
Ruth House & The Orchards,
Devizes, **Sarum House**,
Andover, & **houses in**
Chippenham & Corsham -
Supported housing.

The Junction - Training and
advice centre, Andover.

Supported Employment -
Winchester.

Where we work

(further details can be found at: www.alabare.co.uk)

Bournemouth and Dorset

Charis House - Supported housing, Weymouth.

Housing related floating support, Bournemouth.

Bristol and North Somerset

Andrew House - Supported housing, Clevedon.

Charis, Lazarus, Shalom & Thomas Houses -
Supported housing, Bristol.

Together - Housing related floating support, Clevedon.

The Well - Supported housing, Bristol.

TREE - training, recreation education & employment
opportunities, Bristol.

Devon and Cornwall

Charis House - Supported housing, Bideford.

Housing related floating support - Plymouth.

Mon Abri - Supported housing, Plymouth.

Supported temporary accommodation - Plymouth.

involved - Part of a national scheme to help young people
into voluntary work, Hampshire.

Wiltshire

Barford Countryside Unit - Practical skills training,
including Mad about Green and supported employment
programmes, Barford St Martin.

Barnabus House, Damascus House, South Wilts

Mother and Baby Unit - Supported housing, Salisbury.

Cana Coffee Bar - Supported employment, Salisbury.

Community 4 - Housing related floating support, Wiltshire.

Drop In Centres - Devizes, Salisbury and Trowbridge.

Emmaus House - Registered Care Home, Salisbury.

Learning disabilities floating housing support -
Salisbury.

London, Gorringe & Wyndham Rd - Supported
living, Salisbury.

Outreach one2one - Support service, Salisbury and
rural areas.

Probation debt advice service - Wiltshire and Swindon.

Resettlement and Move On - Salisbury.

